



दि. 21 जून 2019

श्रीराम शिक्षण संस्था

श्रीराम महिला विज्ञान महाविद्यालय, पानीव

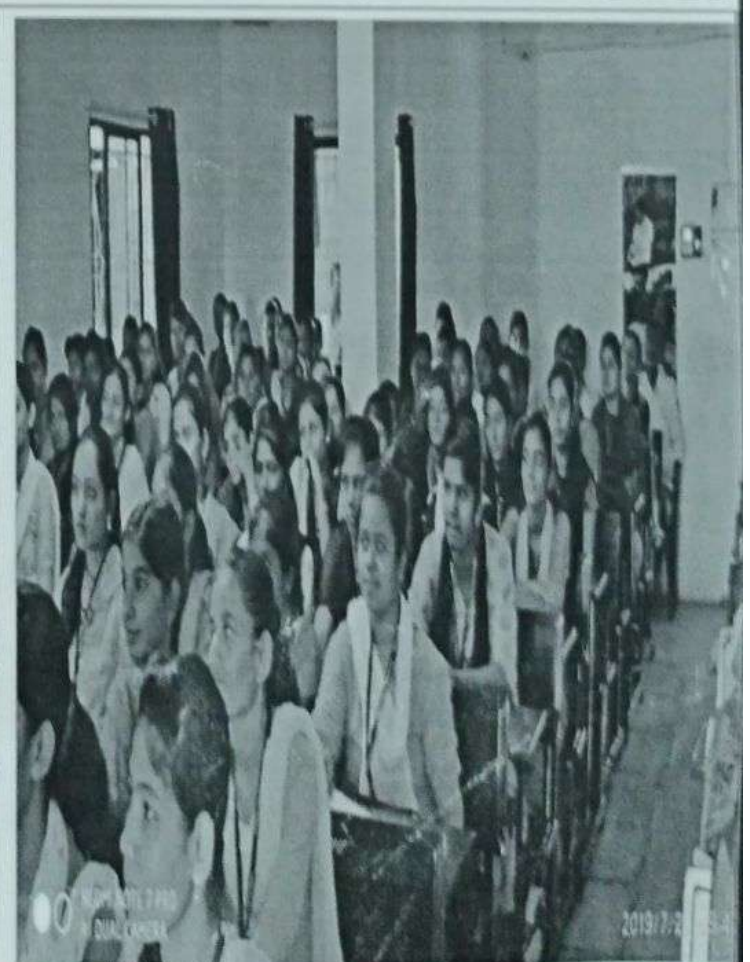
ता. माळशिरस जि. सोलापूर

आरोग्य आणि योग यांचा फार जवळचा संबंध आहे. जागतिक आरोग्य संघटनेने (World Health Organisation) आरोग्याची व्याख्या करताना म्हंटले आहे की, "आरोग्य म्हणजे संपुर्ण शारीरिक, अध्यात्मिक व सामाजिक सद्दता असून केवळ आरोग्याचा आणि कमकुवतपणाचा अभाव असणे एवढेच नाही तर सर्व दृष्टिने निरोगी प्रवृत्ती व मन असणे आवश्यक आहे. तर योग म्हणजे शारीरिक, मानसिक आणि सामाजिक मार्गाने जीवन जगण्याचा मार्ग होय.

श्रीराम महिला विज्ञान महाविद्यालयात शुक्रवार दिनांक 21 जून 2019 रोजी आंतरराष्ट्रीय योग दिन साजरा करण्यात आला. या कार्यक्रमाला प्रजापिता ब्रम्हकुमारी ईश्वर्य विश्वविद्यालय, अकलूज च्या राजयोगिनी ब्रम्हकुमारी शिवरात्री हया प्रमुख पाहुणे म्हणून उपस्थित होत्या. पुढे त्या म्हणाल्या की, योगासने व प्राणायाम हे आपल्या शरीराच्या दृष्टीने खुपच महत्वाचे आहेत. आपले जीवन जर निरोगी, आनंदी व दिर्घायुषी करायचे असेल तर दररोज पहाटेच्या वेळी योगासने करायला हवेत. विद्यार्थ्यांची शैक्षणिक गुणवत्ता वाढविण्यासाठी योगासनाचा खुपच फायदा होतो, कारण आपले शरीर मानसिक व शारीरिक दृष्टिने तंदुरुस्त राहून अभ्यासात एकाग्रता टिकविणे व परीक्षेत यशस्वी होणे हे योगासने व प्राणायाम केल्याने सहज शक्य होते. आरोग्य ही सर्वश्रेष्ठ संपत्ती आहे. या कार्यक्रमाचे सुत्रसंचालन कु.अश्विनी मगर हीने केले. या कार्यक्रमाला संस्थेचे सर्व प्राचार्य, शिक्षक, कर्मचारी व विद्यार्थीनी मोठया संख्येने उपस्थित होते.

STRESS MANAGEMENT PROGRAMME

DATE: 06/08/2019 TIME: 11:00 AM TO 12:30PM



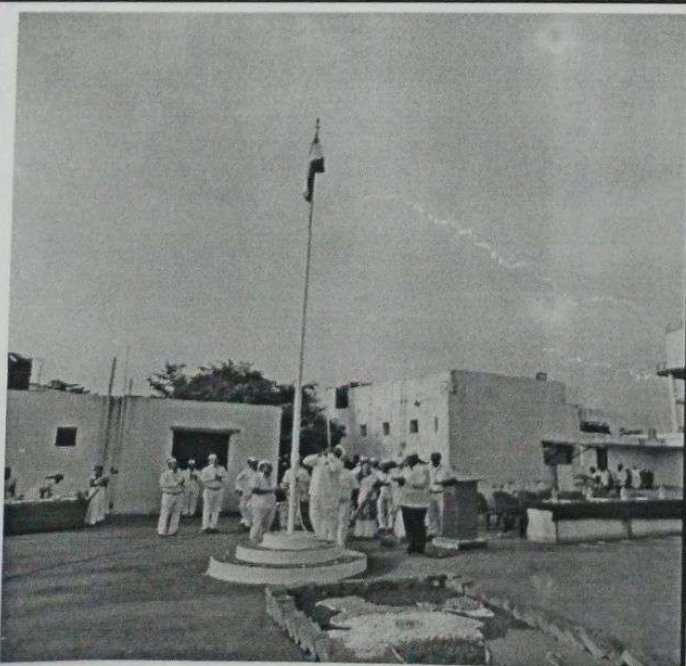
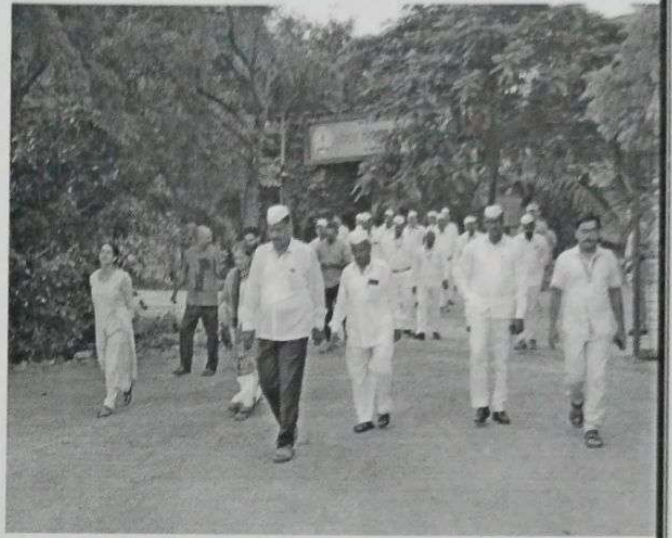
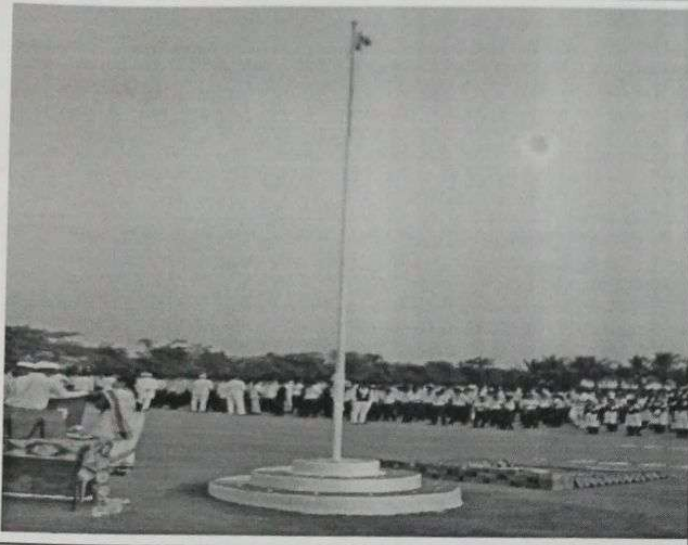
YUVA MAHITI DOOT (MAKE DIGITAL INDIA) PROGRAMME FRIDAY,
DATE: 09/08/2019

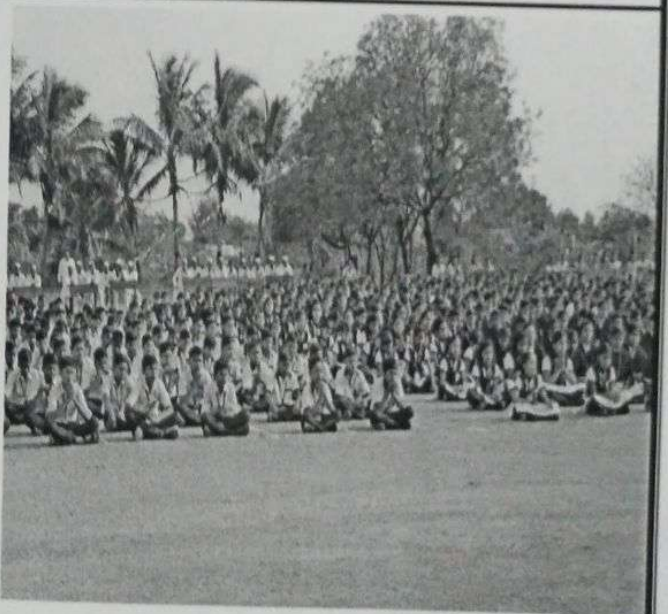
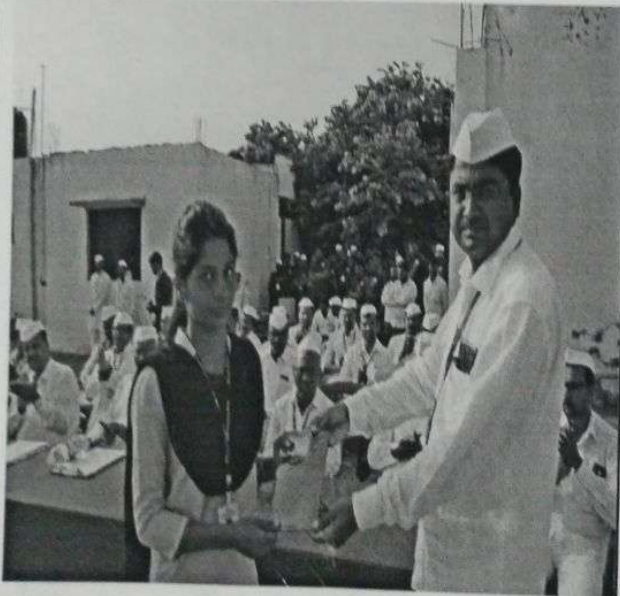
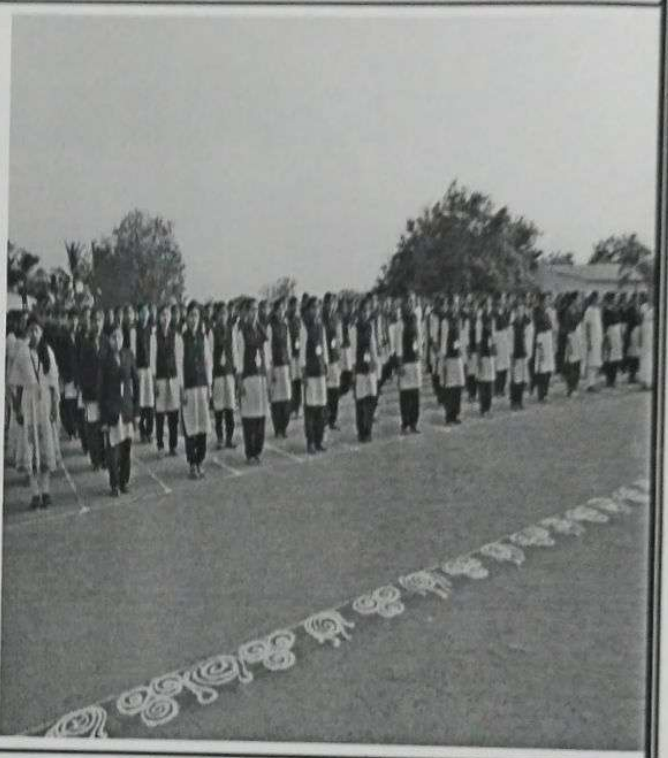
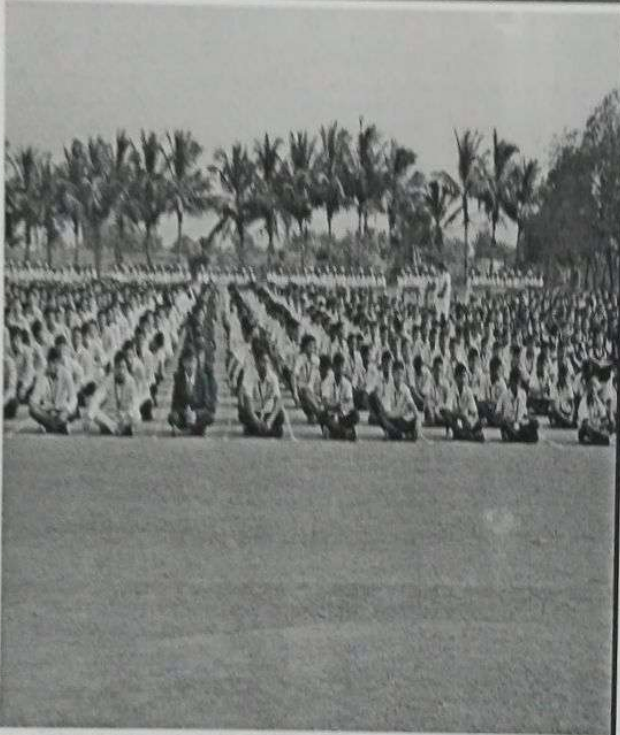
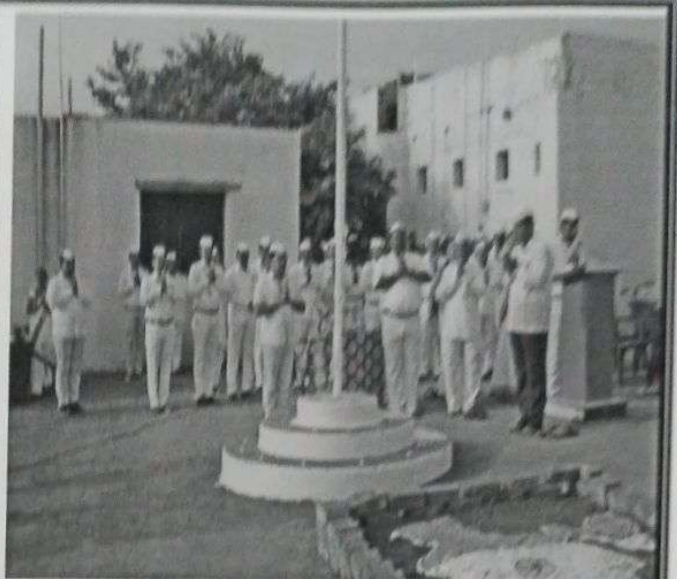
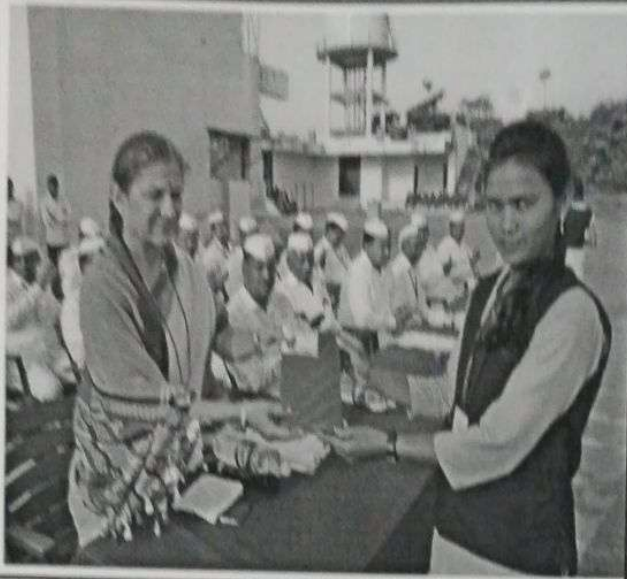




15 AUGUST 2019 INDEPENDENCE DAY

TIME: 07:30 AM



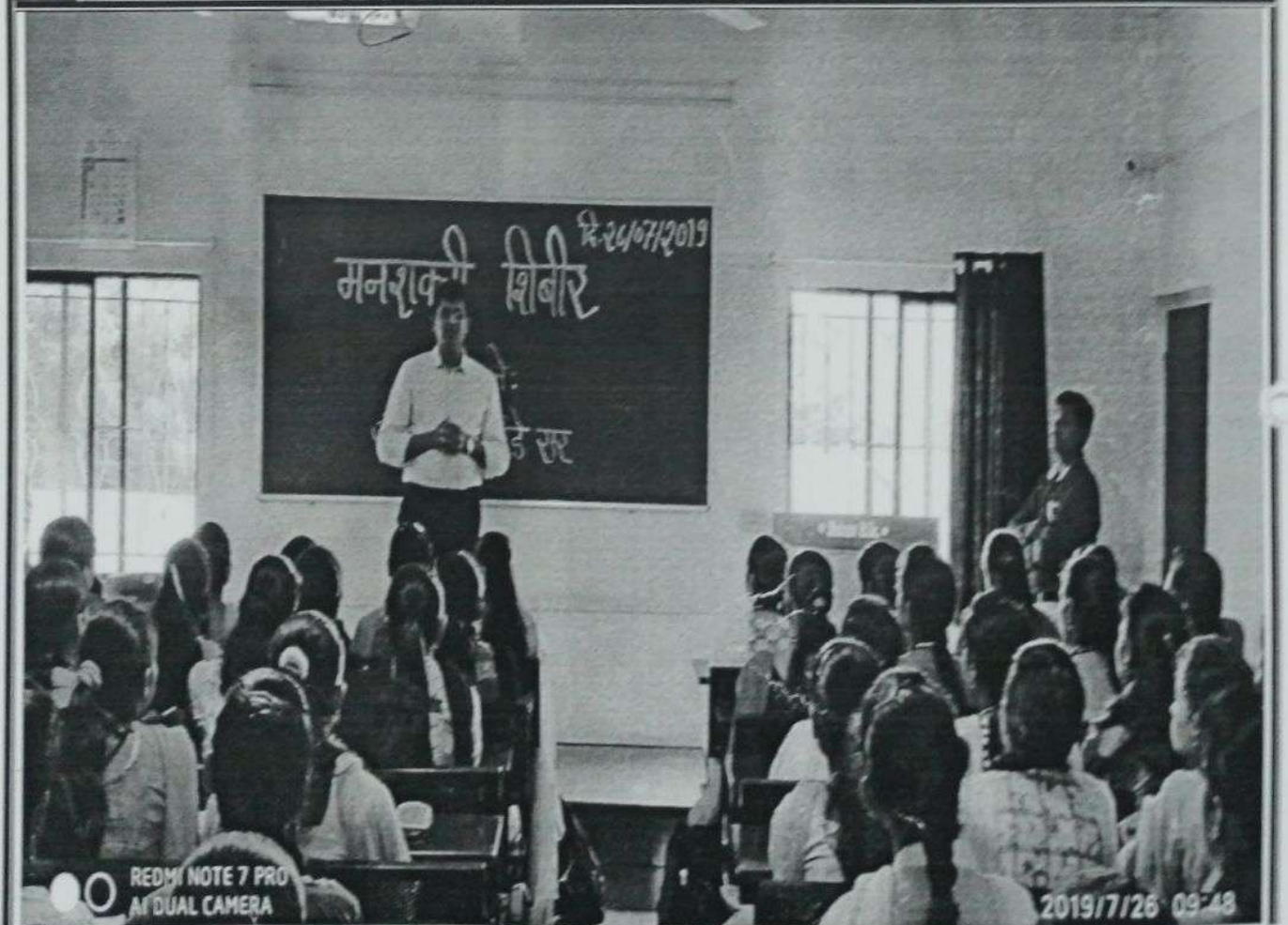


MANSHAKTI SHEEBIR

DATE: 26/07/2019

TIME: 09:00 AM TO 12:00 PM









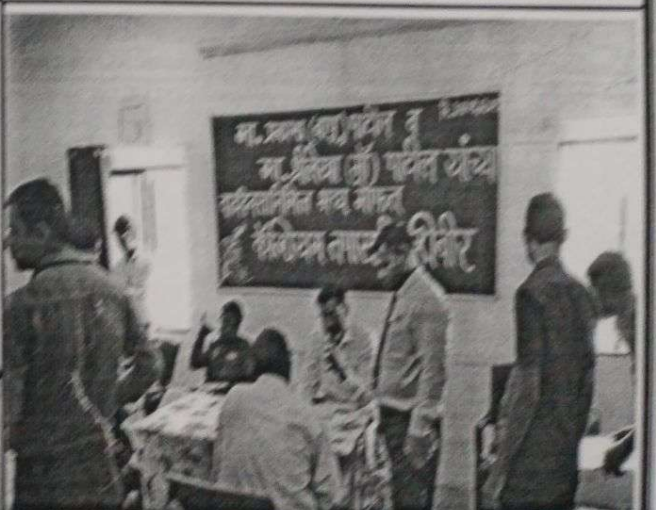
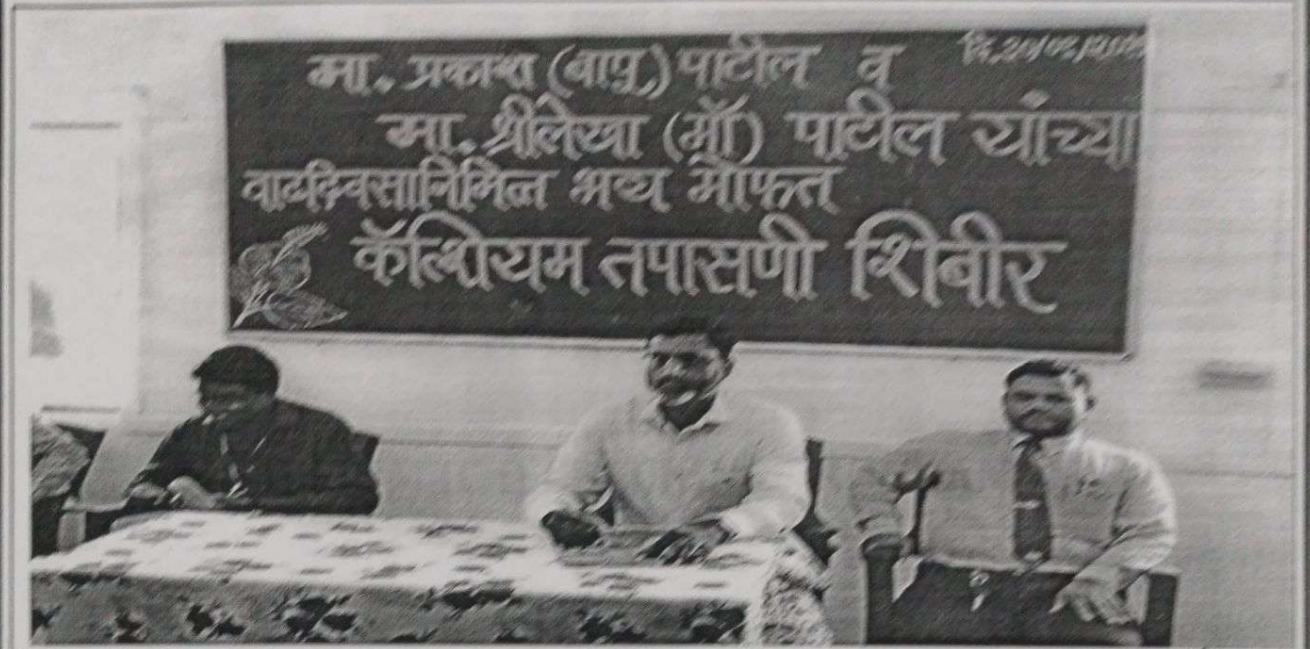
NSS FOUNDATION DAY

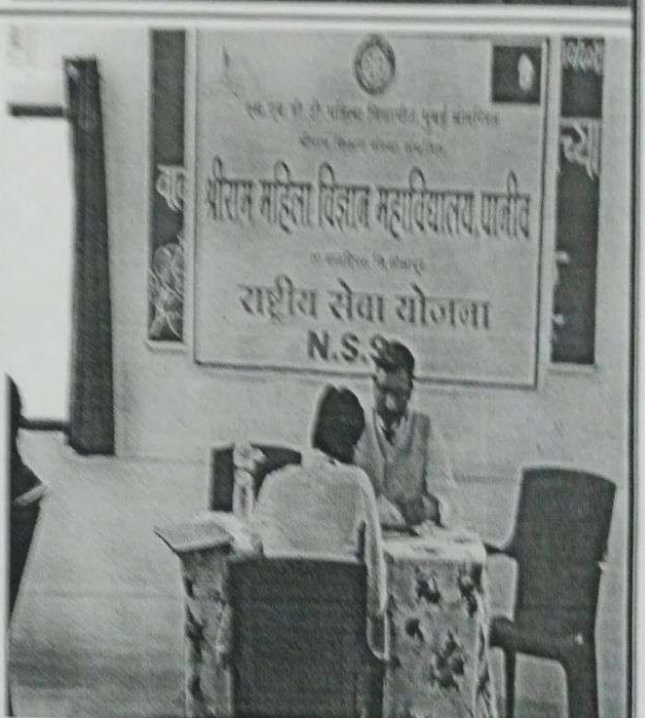
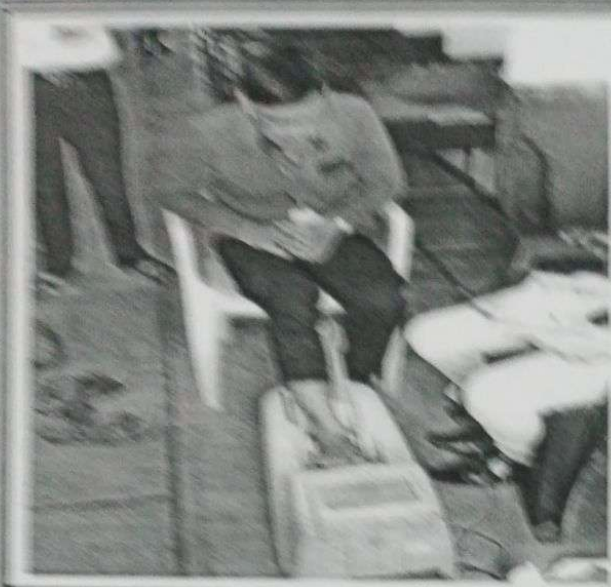
DATE: 24 SEPTEMBER 2019 TIME: 09:45 AM



CALCIUM (Ca) CHECKING PROGRAMME

Date: 30/09/2019 To 01/10/2019





Date: 30.09.2019

Shriram Bhikshan Bantha
Shriram Mahila Vidnyan Mahavidyalay Paniv
Pin-413113
CALCIUM REPORT

Sr. No.	Staff Name	College Name	DOB	Remark
1	Mr. Ghule Subhas	S.M.V. Paniv	01/06/1971	Normal
2	Ms. Vasekar Y. S.	S.M.V. Paniv	13/5/1980	Normal
3	Ms. Pitsanje M.H.	SJET Poly 105	10/05/1984	Normal
4	Ms. Khandare P.P.	Poly	6/11/1984	Normal
5	Mr. Shinde D.B.	S.S.S. Paniv	26/3/78	Normal
6	Mr. Jedoge H.D.	Pharmacy	4/6/84	Normal
7	Mr. Davkare R.P.	B.C.S.	5/11/1972	Normal
8	Mr. Babar V.V.	SMVM Paniv	15/10/82	Normal
9	Mr. Gashi N.K.	S.E.M. Paniv	11/5/83	Normal
10	Ms. Waghmode S.S.	Pharmacy	11/8/86	Normal
11	Mr. Wagh Atik V.	SJET Poly	1/6/83	Normal
12	Mr. Kale M.D.	—	3/6/1992	Normal
13	Miss. Shaikh S.Y.	SMVM Paniv	11/5/83	Normal
14	Miss. Pawar V.J.	—	13/8/93	Osteopenic
15	Mr. Chanam A.S.	SJET Paniv	25/11/83	Normal
16	Ms. Ganeshkar S.R.	B.Sc. (plain)	17/09/96	Normal
17	Mr. Rede S.S.	B.Sc. (plain)	5/8/1993	Normal
18	Mr. Deshmone S.J.	B.Sc. (plain)	18/11/1981	Osteopenic
19	Ms. Jagtap G. N.	B.Sc. (plain)	8/5/89	Normal
20	Mr. Bhalkare D.S.	—	9/6/1989	Osteopenic
21	Mr. Rajguru Y.B.	—	2/3/93	Normal
22	Mr. Dhainje P.B.	SJETC	29/6/84	Normal
23	Mr. Tamboli S.F.	SJET	10/2/1982	Osteopenic
24	Ms. Chougale H.B.	SJET (Poly)	05/10/1985	Normal
25	Mr. Bhat K.M.	S.S.S.	12/09/1987	Normal
26	Mr. Shinde S.D.	S.S.S.	10/12/79	Normal
27	Mr. Lawand S.S.	S.S.S.	18/5/88	Normal
28	Miss. Ramware U.P.	English Medium	11/6/85	Osteopenic
29	Mr. Gultwad A.S.	S.M.V.	7/6/77	Normal
30	Ms. Madalke S.P.	S.M.V.	5/6/80	Osteopenic
31	Mr. Gorave S.P.	S.M.V.	19/6/85	Normal
32	Miss. Jeshi S.	English medium	22/07/90	Osteopenic
33	Miss. Gore V.	—	11/2/96	Osteopenic
34	Ghale S.S.	S.M.V.	1/12/1993	Osteopenic
35	Morepati S.A.	S.M.V.	10/01/93	Osteopenic
36	Atwal S.S.	S.M.V.	01/07/86	Osteopenic
37	Mulik G.	S.M.V.	21/05/95	Osteopenic

Date: 30/09/19

Shriram Shikshan Sanstha
Shriram Mahila Vidnyan Mahavidyalay Paniv
Pin-413113
CALCIUM REPORT

Sr No.	Staff Name	College Name	DOB	Remark
38	Patil Kavita	SMV	16/04/90	Normal
39	Trachare J.	SMV	25/10/89	Normal
40	Khobke Sumita H.	Pharmacy	16/3/76	osteoporitic
41	Saware P. Y.	—	26/9/8	Normal
42	Redkar D.N.	—	5/6/96	osteoporitic
43	Shendage A.S.	—	1/9/88	Normal
44	Mare D. P. P.	—	23/5/92	Normal
45	Balkare P.R.	—	17/10/93	osteoporitic
46	Shaikh S.T.	—	17/2/88	osteoporitic
47	Ghoyane A.R.	—	3/5/99	osteoporitic
48	Salunke A.D.	—	13/4/89	osteoporitic
49	Guruling M. Suresh	S.S.S.	9/1/89	osteoporitic
50	Patil Kaman P.	S.S.S.	9/1/89	Normal
51	Astule A.G.	S.B.M.	27/6/87	
52	Kazi M. J.	—	29/6/89	
53	Suryawanshi P.A.	—	17/9/94	Normal/osteoporitic
54	Kudale S. D.	—	1/9/95	Normal
55	Chute D.A.	—	1/4/83	osteoporitic
56	Makhar D.N.	—	2/2/99	osteoporitic
57	Bhose V.T.	Pharmacy	1/8/89	Normal
58	Pawar P. J.	—	7/9/82	Normal
59	Sapale B.P.	—	1/2/98	Normal
60	Honare R. P.	SIT	06/2/91	Normal
61	Mali A. A.	—	2/10/91	osteoporitic
62	Chane S.S.	—	1/6/90	osteoporitic
63	Madane H.S.	—	2/5/82	Normal
64	Rupnagar H. D.	B.Tech	5/7/88	—
65	Dadas H.B.	—	4/7/94	—
66	Kudale S.D.	SIT	2/10/98	
67	Chale S.A.	EMS	2/6/80	Normal
68	Sawar S.M.	Central office	1/6/97	Normal
69	Lakhande H.F.	Central office	1/6/87	—
70	Tivale R.V.	E.M.S	2/6/85	osteoporitic
71	Honare R.L.	E.M.S	17/3/80	osteoporitic
72	Sidwaker M.S.	E.M.S	6/6/92	osteoporitic
73	Sawar J.R.	Academy	1/7/89	Normal
74	Daridas D.R.	Pharmacy	26/04/88	

Spinepat

Date: 30.09.2019

Shriram Shikshan Sanstha
Shriram Mahila Vidnyan Mahavidyalay Paniv
Pin-413113
CALCIUM REPORT

Sr. No.	Student Name	College Name	DOB	Remark
1)	Miss. Waghmode R.R.	B. CA III	21/3/1997	Osteopenic
2)	Miss. Kolekar D. G.	S I I T	1/6/98	osteopenic
2)	Miss. Adlinge S.T.	—	5/9/19	osteopenic
4)	Mr. Thorat A.S.	—	20/7/19	osteopenic
5)	Mr. Shaikh K.S.	—	30/9/19	osteopenic
6)	Miss. Kulkar P.S.	S I E T	6/12/97	Normal
7)	Ms. Lokhande S.S.	—	6/6/1996	osteopenic
8)	Kolekar A.R.	—	27/6/98	osteopenic
9)	Nirbhay S.G.	—	15/3/97	Normal
10)	Devakar D.P.	—	6/9/99	Normal
11)	Waghmode A.A.	—	2/10/98	Normal
12)	Waghmare S.K.	—	20/7/98	osteopenic
12)	Nitkam N.S.	—	11/09/99	osteopenic
14)	Laxmi D.S.	Academy	5/10/87	Normal
15)	Gawali M.K.	—	14/12/95	Normal
16)	Telangekar A.V.	—	22/7/96	osteopenic
17)	Patil M.C.	—	28/6/94	osteopenic
18)	Shinde S.S.	B.Sc (Plan)	5/02/90	osteopenic
19)	Wagh F.T.	B.Sc (Plan)	13/11/94	osteopenic
20)	Pawar P.V.	S I T R	10/8/1999	osteopenic
21)	Pawar P.D.	—	11/5/98	osteopenic
22)	Bhosale V.B.	—	24/7/1990	osteopenic
23)	Pawar Y.M.	—	30/1/1990	osteopenic
24)	Zanje S.R.	—	2/9/99	
25)	Shaikh J.S.	B.C.A (III)	17/9/99	Normal
26)	Game R.S.	B.C.A (III)	29/6/99	
27)	Jadhav V.J.	B.C.S (III)	29/8/99	
28)	Kulkar A.S.	B.C.S (III)	22/2/1997	
29)	Lodha S. & G.	B.C.S (III)	17/04/1999	
30)	Masare A.B.	B.C.S (III)	27/12/1999	
31)	Masare A.B.	B.C.S (III)	11/9/1999	
32)	Kadam R.B.	B.C.S (III)	15/11/1998	
33)	Hijare Normal M.	B.C.S (III)	12/9/1999	
34)	Yevalkar R.S.	B.Tech	16/1/1998	Normal
35)	Bhosale A.V.	"	26/4/1998	Normal
36)	Saxant A.B.	"	11/9/1998	Normal
37)	Ganpatil H.G.	"	21/10/1998	Normal





01/10/2019

Shriram Shikshan Sanstha
Shriram Mahila Vidnyan Mahavidyalay Paniv
Pin-413113
CALCIUM REPORT

Sr. No.	Staff Name	College Name	DOB	Remark
①	Nikam Ranjit Pandurang	S.I.E.T (poly.)	05/04/1984	Normal
②	Rampure Chanbasappa S.	S.I.E.T. (poly.)	25/07/1987	Normal
③	Bidre Rasid M.	S.I.E.T. (poly.)	01/06/1983	Normal
④	Bhanje Hanumanant S.	central office	05/11/1983	Normal
⑤	Lokande Hanumanant E.	central office	01/06/1967	osteopenic
⑥	Kale Sagar B.	central office	26/04/1995	Normal
⑦	Bhongale Shilpa B.	B.S.C. (Plain)	01/06/1993	Normal
⑧	Mengal Kirti A.	Diploma C	11/04/1992	Normal
⑨	Bansode Tejaswini M.	SIET (poly.)	06/08/1994	Normal
⑩	Vorve. B. B.	Academy.	21/07/78	osteopenic
⑪	Nalwade N.V.	S.S.S	24/11/80	osteopenic
⑫	Dewkar. A. S.	S.S.S	19/5/87	Normal
⑬	Chavhan C.M.	C.S.S.	01/06/1982	osteopenic
⑭	Khade Rutuja A.	student (Agri)	08/12/1989	Normal
⑮	Babar Abhijeet M.	B.S.C (Plain) Agri	01/07/1990	Normal
⑯	Thongire Apaksha D.	stu. Agri (III rd)	26/01/1999	osteopenic
⑰	Raikande B. B.	stu. Agri (III rd)	31/10/1999	Normal
⑱	Navale P. D.	stu. Agri (III rd)	20/10/1999	osteopenic
⑲	alanavare P. P.	stu. Agri (III rd)	14/02/1999	Normal
⑳	Chougale Satish G.	Diploma	09/05/1991	Normal
㉑	Kale A. S.	Agri (Staff)	01/06/1982	osteopenic
㉒	phule A.P.	Health centre	01/06/1986	osteopenic
㉓	Mulani S.M.	ABM	21/05/1991	Normal
㉔	Gunjekar V P.	S.I.E.T	24/10/1985	osteopenic
㉕	Deshpande G.G.	S.I.E.T.	21/08/1996	Normal
㉖	Raut Devidas D.	Pharm (Staff)	26/04/1980	Normal
㉗	Pise D. S.	Pharm (Staff)	09/10/1988	Normal
㉘	Lendhane S. B.	Agri: III (Student)	09/09/1995	Normal
㉙	Kadam J. C.	Agri: III (stu.)	06/05/1999	Normal
㉚	Kale P. B.	Agri: III (stu.)	19/11/1999	osteopenic
㉛	Chavhan N.J.	Agri: III (stu.)	03/14/1992	osteopenic
㉜	Magar A.B.	Agri: B.C.S. (III)	27/12/1999	0
㉝	Tadhav V. J.	B.C.S (III)	29/08/1979	Normal
㉞	Gurav. J. S.	B.C.S. (II)	27/07/1999	
㉟	Kapase D. B.	B.S.C. (III)	02/08/1995	Normal
㊱	Khore R.L.	B.S.C. (II)	02/09/1999	Normal
㊲	Patil N. D.	B.S.C. (ID)	17/10/1998	Normal

N.S.S. SOCIAL AWARENESS RALLY

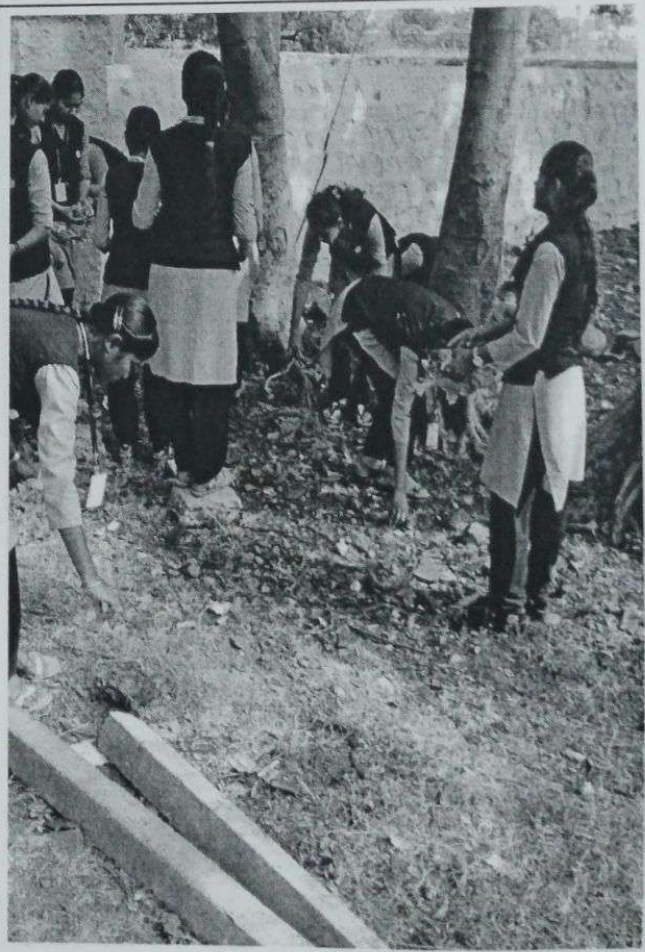
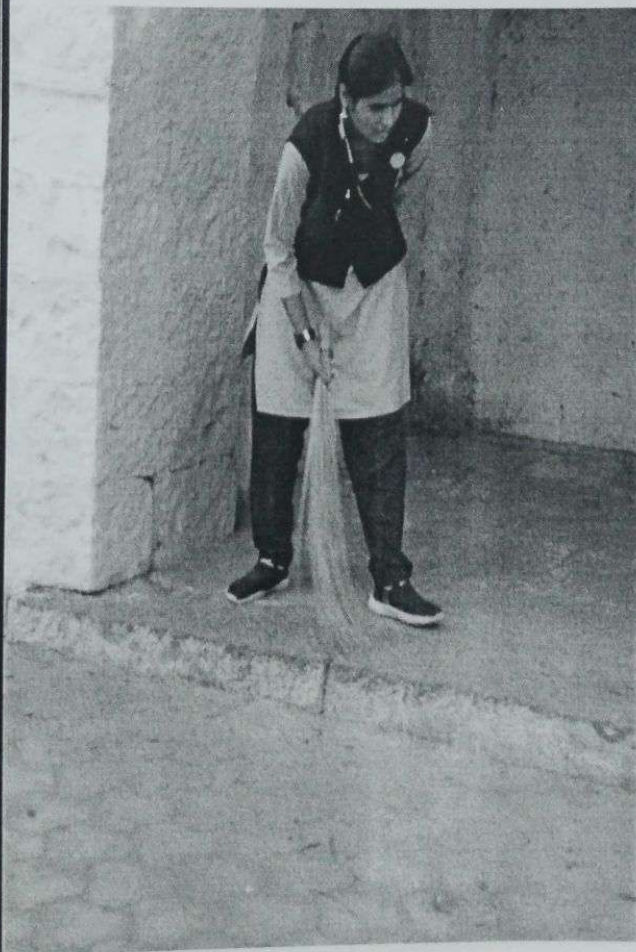
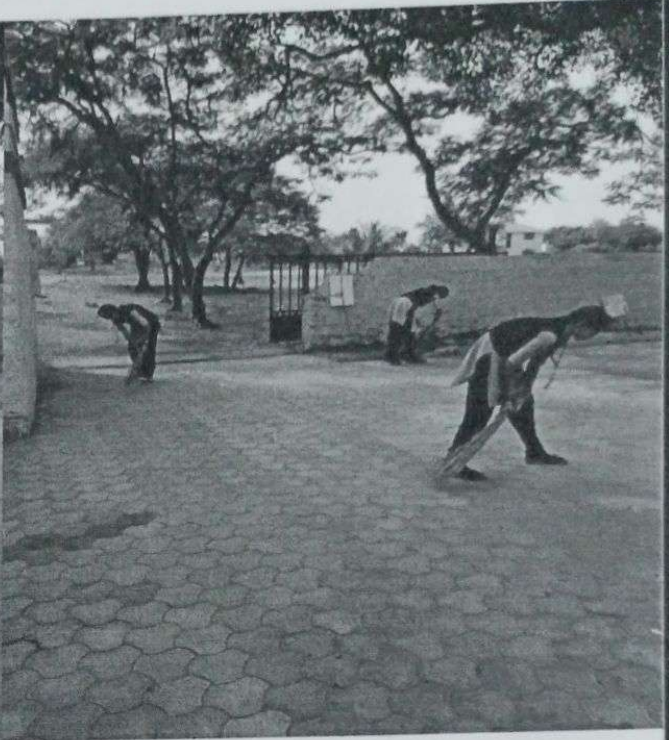
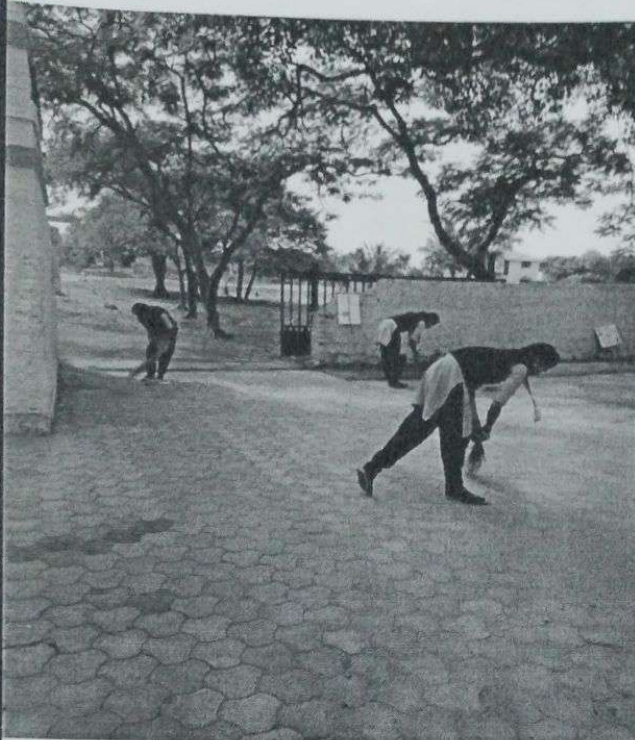
SATURDAY, DATE: 30/11/2019

TIME: MORNING, 10:00 AM





CLEANING ACTIVITIES



MAHATMA PHULE PUNYATITHI

THURSDAY, DATE: 28/11/2019

TIME: MORNING, 10:00 AM



BHARATRATNA DR. BABASAHEB AMBEDKAR MAHAPARINIRVAN DIN

FRIDAY, DATE: 06/12/2019

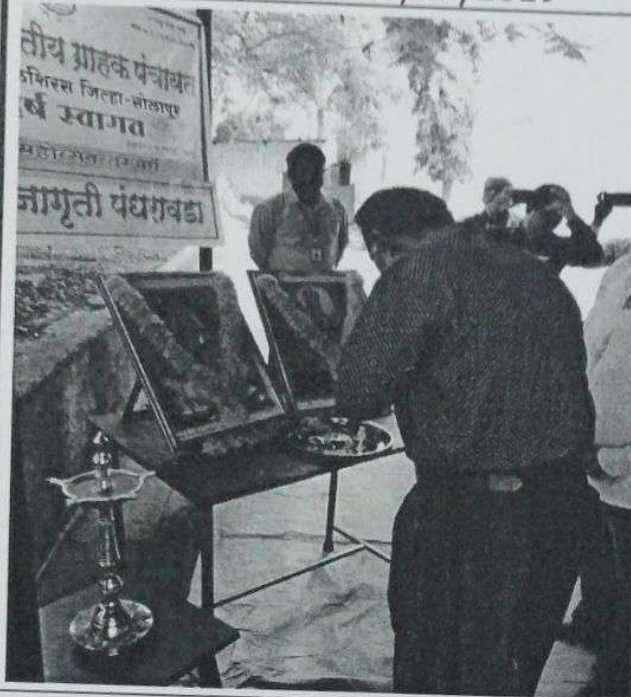
TIME: MORNING, 10:00AM



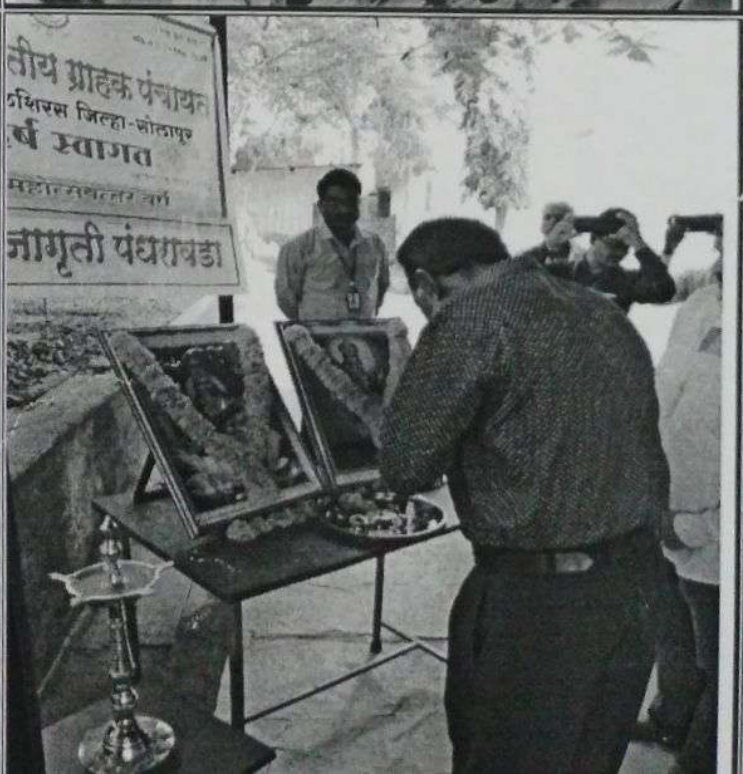
CUSTOMER RIGHTS & AWARENESS PROGRAMME

WEDNESDAY, DATE: 18/12/2019

TIME: 10:00 AM









HEALTH AWARENESS PROGRAMME FRIDAY, DATE:20/12/2019

