



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!  
**Shriram Shikshan Sanstha's**  
**Shriram Mahila Vidyan Mahavidyalaya, Paniv**  
**Tal.: Malshiras, Dist.: Solapur, 413113**  
**NAAC 1<sup>st</sup> Cycle Accredited at 'B' Grade (CGPA 2.46)**  
*(Affiliated to S. N. D. T. Women's University, Mumbai)*

**Criterion VII**  
**Institutional Values and Best Practices**

**Key Indicator-7.2**  
**Best Practices**

Metric No.7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

**INDEX**

Sr. No	Particulars	Page No.
1	Student Seminar for enhancing Quality of Higher Education	2-64
2	Meditation for stress less life	65-69



## **Title of the Practice: Student Seminar for enhancing Quality of Higher Education.**

### **2. Objectives of the Practice:**

- To enhance reading habit and develop self-learning habit of student.
- To developing originality in thinking.
- To improve their confidence level, stage daring, communication skill.
- To develop ability to convey their own ideas to their friends and teachers.
- To develop ability to understand each other.

### **3. The Context:**

- Under the burden of syllabus students are unwilling to go beyond textbook, library use has also been decreasing over the years.
- Our institute believes that knowledge sharing is knowledge gaining.
- The confidence level of students is much low as expected.
- They can't express their thoughts in front of the crowd. So this practice was adopted for motivating the students.

### **4. The Practice:**

Students are made aware of seminar. They are allotted the topic for seminar or they choose it. The students submit the abstract of seminar. The abstract is checked by concern teacher. Schedule is prepared and informed to students. As per schedule students give the seminar. Some students use the chalk and blackboard but some students give seminar using PowerPoint presentation. After seminar, interaction session of about five minutes is taken.

Seminar is evaluated with respect to five points:-

1. Abstract
2. Self-Introduction
3. Subject Knowledge
4. Body Language
5. Fluency in English

### **5. Evidence of Success:**

- Photos
- PowerPoint Presentation soft copies
- Enhancement in stage Daring and Communication.

**6. Problems Encountered and Resources Required:-** Make Power point Presentation is difficult task for students because mobiles are not easily available. Effective PowerPoint Presentation is not prepared. Students are not able to express themselves. In most of the students Fluency in English was Weak.

Contact  
Principal,  
SMVM, Paniv





!! न हि ज्ञानेन सरसं ! पवित्रमिह विद्यते !!

Shriram Shikshan Santha's

**Shriram Mahila Vidnyan Mahavidyalaya, Paniv**

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal: Malshiras, Dist: Solapur, 413113

(Affiliated to S.N.D.T. Women's University Mumbai)

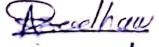
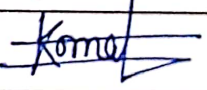
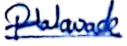
## Notice

Day/Date: Friday, 15/12/2023

This is to inform all the students of M.Sc. II Advanced Analytical Techniques Subject seminar will be conducted. This seminar activity will enhance Confidence, Stage daring, critical thinking and knowledge of particular subject. Seminar Topics will be distributed. After that you have to submit abstract to subject teacher and get it checked. After that schedule for delivery of seminar will be displayed. You have to deliver the seminar as per schedule.



  
Principal  
Shriram Mahila Vidnyan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur

Sr. No.	Class	Sign
1	M.Sc - II	
2)	M.Sc - II	
3	M.Sc - II	



॥ न हि ज्ञानेन सदस्यं पवित्रमिह विद्यते ॥  
Shriram Shikshan Santha's  
**Shriram Mahila Vidyan Mahavidyalaya, Paniv**  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal: Malshiras, Dist: Solapur, 413113  
(Affiliated to S.N.D.T. Women's University Mumbai)

**Seminar Schedule**  
**M.Sc.II/IV**  
**Advanced Analytical Techniques (402101)**

Day/Date: Monday, 18/12/2023

Roll. No.	Student Name	Topic	Date
1.	Aadlinge Sonali Shankar	Amperometric Titrations: Principle, Instrumentation.	18/12/2023
2.	Babar Pranali Vaman	Biamperometric Titrations: Principle, Instrumentation.	18/12/2023
3.	Budhavale Gauri Malhari	Amperometric Titrations: Principle, titration curves.	18/12/2023
4.	Gaikwad Sonam Bhajandas	Biamperometric Titrations: Principle, titration curves.	18/12/2023
5.	Gawade Pratiksha Hanumant	Modified Polarographic Methods: Differential Pulsed polarography.	19/12/2023
6.	Jadhav Aishwarya Vilas	Square Wave Polarography	19/12/2023
7.	Jadhav Ashwini Dagadu	Cyclic Voltammetry	20/12/2023
8.	Joshi Bhakti Dattatray	TGA:- Principle, Instrumentation, Application	20/12/2023
9.	Kadam Aarti Yuvraj	DTA:- Principle, Instrumentation, Applications	20/12/2023
10.	Kharat Kajal Suresh	DSC:- Principle, Instrumentation, Applications	21/12/2023
11.	Khatake Jyoti Shahaji	Thermometric Titrations	21/12/2023
12.	Khatake Komal Dhananjay	Radio Analytical Methods	22/12/2023
13.	Kolekar Jyoti Mahadev	Radioactive decay products and processes	22/12/2023
14.	Kumbhar Manjushri Tanaji	Radioactive decay rates	26/12/2023
15.	Kumbhar Nikita Nanaso	Radioactive Instrumentation	26/12/2023
16.	Londhe Patil Komal Ravindra	Neutron Activation Method : Destructive, Non – destructive	27/12/2023
17.	More Akanksha Rajendra	Application of Neutron activation	27/12/2023
18.	More Akanksha Santosh	Isotope dilution method : Principle, Applications	28/12/2023





19.	Naiknaware Rohini Bharat	Photo Acoustic Spectroscopy (PAS)	28/12/2023
20.	Nalawade Priti Mubarak	Photo acoustic effect	29/12/2023
21.	Nalawade Vidya Dattatray	Theory of Photo Acoustic Spectroscopy (PAS) ,Instruments, Applications	29/12/2023
22.	Nanavare Vaishnavi Mahadev	Electron Spectroscopy for chemical Analysis (ESCA): Principle, Instrumentations, Applications	29/12/2023
23.	Nimbalkar Dnyaneshwari Mahadev	Auger electron spectroscopy): Principle, Instrumentations, Application	29/12/2023
24.	Nimbalkar Rasika Ravindra	Scanning Electron Microscopy: Principle, Instrumentations, Applications	30/12/2023
25.	Pathan Sanam Samir	Computer in Analytical Chemistry : Computer Terminology	30/12/2023
26.	Patil Prajakta Dadasaheb	Components of Computer , Computer software –Scientific packages	30/12/2023
27.	Pawar Saloni Manohar	Applications of computers- Passive and active	01/01/2024
28.	Phule Gayatri Dnyandeo	Computers networks	01/01/2024
29.	Rananavare Rinkal Santosh	Lab Information Management System (LIMS)	01/01/2024
30.	Raut Vaishnavi Nitin	Green Analytical Methods : Principle and Concept	02/01/2024
31.	Sarak Priti Vishnu	Atom economy	02/01/2024
32.	Sathe Kajal Vitthal	Trends in Green analytical Chemistry	02/01/2024
33.	Shinde Dipali Vasudev	Greening sample treatment	02/01/2024
34.	Shirke Nilam Prakash	Green instrumental Analysis	03/01/2024
35.	Solankar Dhanashri Manik	DTA:- Principle, Instrumentation, Applications	03/01/2024
36.	Talekar Komal Kalidas	Scanning Electron Microscopy: Principle, Instrumentations, Applications	03/01/2024
37.	Thaware Aishwarya Hanumant	Electron Spectroscopy for chemical Analysis (ESCA): Principle, Instrumentations, Applications	04/01/2024
38.	Thaware Ankita Eknath	Lab Information Management System (LIMS)	04/01/2024
39.	Tiwari Punam Audumbar	Theory of Photo Acoustic Spectroscopy (PAS) ,Instruments, Applications	05/01/2024
40.	Upase Vaishnavi Shatrughan	TGA:- Principle, Instrumentation, Applications	05/01/2024
41.	Waghmode Anuja Tanaji	Principles of Green analytical Chemistry	05/01/2024

Faculty Name: Mr. Patil S.S.



Principal  
Shri Ram Mahila Vidyan Mahavidyalaya  
Panv, Tal. Malshiras, Dist. Solapur



!! न हि ज्ञानेन सहसं ! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 18/12/2021

Name of Student: Budhavale Gauri Malhari

Class:- S.Y. M.Sc

Roll No.: 03

Title of Seminar: - Amperometric Titrations.

Abstract: principle, titration curves.

Reference Book: Fundamentals of Analytical Chemistry.

*Budhavale*  
Student Signature

Teachers Remark:- Best

*P.S.*  
Teacher Signature





!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Budhvale Gauhi Malhari

Class:- M.B.C. II

Title of Seminar: - Amperometric Titrations.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	01
3.	Subject Knowledge	5	02
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>12</b>



Pit  
Teacher Signature





॥ न हि ज्ञानेन सदां पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 20/10/2023

Name of Student: Miss. Jadhav Ashwini Deviside.

Class:- M.Sc-II

Roll No.: 07.

Title of Seminar: - cyclic voltammetry

Abstract: Define, Concept, Applications.

Reference Book: Fundamentals of Analytical Chemistry

  
Student Signature

Teachers Remark:- Best

  
Teacher Signature







!! न हि जानेन सहसं! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Miss - Jadhav Ashwini Dagadu

Class: M.Sc-II

Title of Seminar: cyclic voltammetry

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>15</b>



Pite  
Teacher Signature



!! न हि ज्ञानेन सहस्रं ! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 22/10/2019

Name of Student: Khatake Komal Dhananjay

Class: MSc - II

Roll No.: 12

Title of Seminar: Radio Analytical Methods

Abstract: Define, concept, Applications

Reference Book: Fundamentals of Analytical Chemistry

Komal  
Student Signature

Teachers Remark: Good

D/S  
Teacher Signature





॥ न हि ज्ञानेन सदृशं पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: khatake Komal Dhananjay

Class:- MSc - II

Title of Seminar: - Radio Analytical methods

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	03
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>17</b>



Pit's  
Teacher Signature



!! न हि ज्ञानेन सहस्रं ! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 29/12/2023.

Name of Student: Nalawade Paiti Mubarak

Class:- M.Sc.II

Roll No.: 20

Title of Seminar: - photo acoustic effect.

Abstract: Define, concept.

Reference Book: Fundamentals of Analytical Chemistry.

Paiti  
Student Signature

Teachers Remark:- Best

Pit/s  
Teacher Signature







!! न हि ज्ञानेन सदां पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Nalawade Priti Mubarak

Class:- M. S. C. I

Title of Seminar: - photo acoustic effect.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	01
3.	Subject Knowledge	5	04
4.	Body language	4	03
5.	Fluency in English	4	03
	Total	20	14



Priti  
Teacher Signature



॥ न हि मातेन सपत्नं पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 29/10/2023

Name of Student: Nimbolkar Dnyaneshwari Mahadev

Class:- M.Sc. - II

Roll No.: 23

Title of Seminar: - Auger electron spectroscopy

Abstract: principle, Instrumentations, Applications.

Reference Book: S.M. Khopkar, Fundamentals of Analytical chemistry

[Signature]  
Student Signature

Teachers Remark:- Best

[Signature]  
Teacher Signature





!! न हि ज्ञानेन सहस्रं! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Nimbalkar Dnyaneshwari Mahadev.

Class:- M.Sc.

Title of Seminar: - Auger electron spectroscopy.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	01
3.	Subject Knowledge	5	03
4.	Body language	4	03
5.	Fluency in English	4	02
	<b>Total</b>	<b>20</b>	<b>12</b>



Pites  
Teacher Signature



!! ज हि ज्ञानेन सर्वं ! पवित्रमिह विद्महे !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 01/01/24

Name of Student: Pawar Saloni Manohar

Class:- S.Y.MSC

Roll No.: 27

Title of Seminar: - passive and Active method

Abstract: Applications, concept.

Reference Book: Fundamentals of Analytical  
chemistry.

Pawar  
Student Signature

Teachers Remark:- Best

Pi/S.S.  
Teacher Signature







!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Pawar Saloni Manohar

Class:- S.7. MSc.

Title of Seminar: - passive and Active method.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>16</b>



Pit's  
Teacher Signature



॥ न हि ज्ञानेन सहसं । पवित्रमिह विद्यते ॥  
Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Mulshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 01/01/2024  
01/01/2024.

Name of Student: Rohanavase Rinkal Santosh

Class:- S.Y. MSc

Roll No.: 29

Title of Seminar: - Lab information management system.  
[LIMS]

Abstract: concept, Applications.

Reference Book: Fundamentals of Analytical  
chemistry.

  
Student Signature

Teachers Remark:- Best

  
Teacher Signature





॥ न हि ज्ञानेन सहस्रां पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's

Shriram Mahila Vidnyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: pananavate Rinkal Sanoth

Class:- M.S.C. II

Title of Seminar: - Lab Information management system [LIMS]

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	01
3.	Subject Knowledge	5	03
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>13</b>



P. S. S.  
Teacher Signature



॥ श्री गुरुभ्यो नमः ॥  
Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 02/10/2024

Name of Student: Raut Vaishnavi Nitin

Class:- MSc-II

Roll No.: 30

Title of Seminar: - Green Analytical methods:

Abstract: principle and concept.

Reference Book: Fundamentals of Analytical chemistry.

N Raut

Student Signature

Teachers Remark:- Best

P. S.  
Teacher Signature







श्री राम महिला वदयः ढररररर ररररर  
Shri Ram Mahila Vidyapeeth  
Shri Ram Mahila Vidyapeeth Mahavidyalaya, Pune  
NAAC 1<sup>st</sup> cycle Accredited at "B" Grade (CGPA 2.46)  
Tal.: Maharashtra, Dist.: Solapur, 412112  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 08/01/2024

Name of Student: Srinde Dipali Yezudev

Class: S. Y. M.Sc

Roll No.: 033

Title of Seminar: - Greening sample treatment

Abstract: concept, define, applications.

Reference Book: Skog D.A., Fundamentals of Analytical  
chemistry.

Srinde  
Student Signature

Teachers Remark:- Best

Pits  
Teacher Signature





॥ न हि ज्ञानेन सदासं पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: shinde dipali vasudev.

Class:- M.Sc. II

Title of Seminar: - Greening sample treatment.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	03
4.	Body language	4	04
5.	Fluency in English	4	03
	Total	20	16



Dipali  
Teacher Signature



॥ श्री गुरुभ्यो नमः ॥  
Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal: Mahiras, Dist: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 8/11/2021

Name of Student: Pinari Jyoti Aundhar

Class:- S.Y.BSC

Roll No.: 039

Title of Seminar: - Theory of photo Acoustic Spectroscopy  
[PAS]

Abstract: define, Instrumentation, Applications.

Reference Book: Skog D.A., West D.M.  
Fundamentals of Analytical Chemistry

P.A. Jyoti  
Student Signature

Teachers Remark:- Best

P.S.  
Teacher Signature





॥ श्री गणेशाय नमः ॥ विद्यया विमुक्तये ॥

Shriram Shikshan Samithi's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Tiwari punam Audumbar

Class:- S y MSc

Title of Seminar: - Theory of photo Acoustic Spectroscopy.

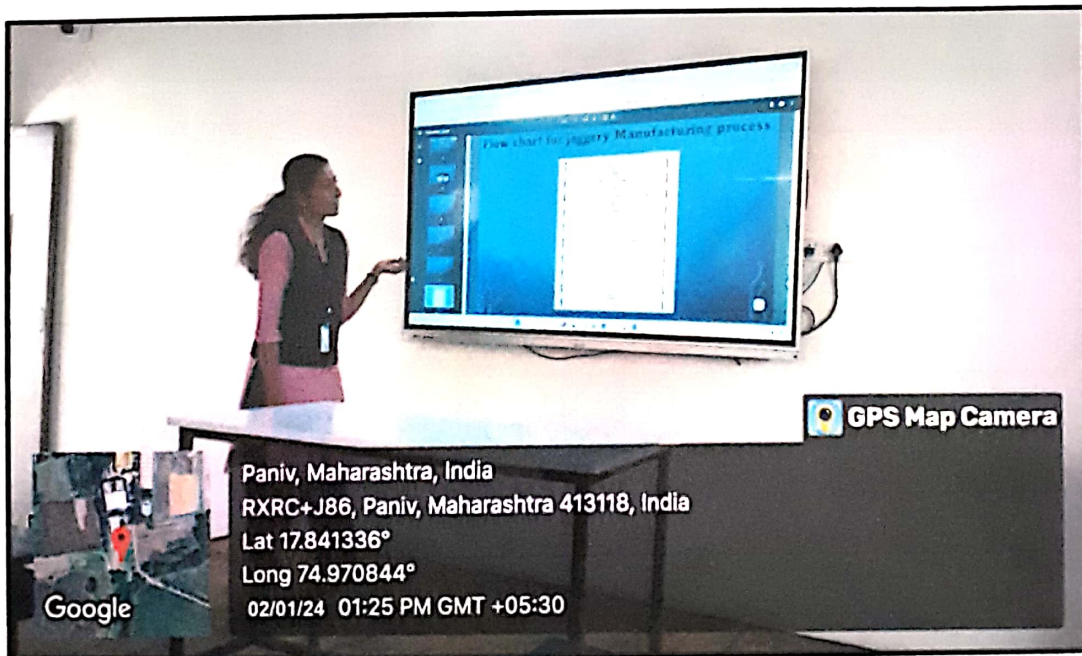
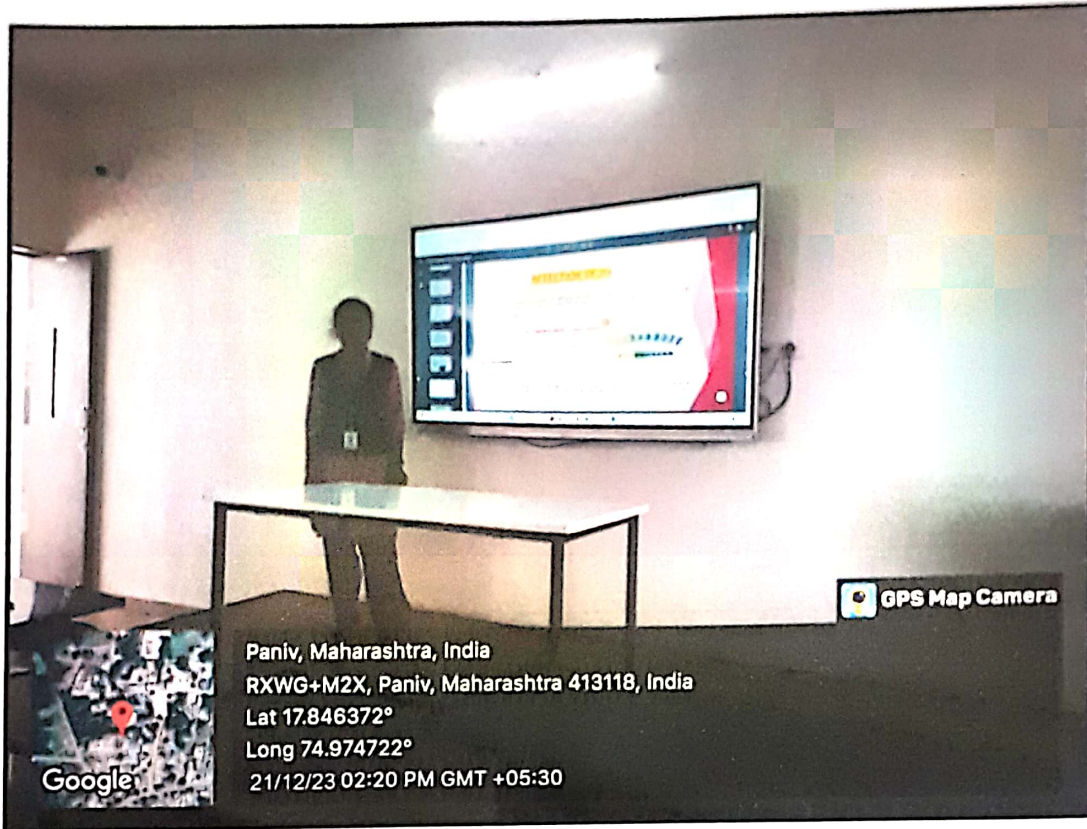
Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	01
3.	Subject Knowledge	5	04
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>14</b>




Pit  
Teacher Signature



# Seminar Photo M.Sc.II



  
Principal  
Shri Ram Mahila Vidyayan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur



!! न हि ज्ञानेन सहसं ! पवित्रमिह विद्यते !!

Shriram Shikshan Santha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal: Malshiras, Dist: Solapur, 413113

(Affiliated to S.N.D.T. Women's University Mumbai)

**Seminar Mark List**

**M.Sc.II/IV**

**Advanced Analytical Techniques (402101)**

Roll. No.	Student Name	Marks
1.	Aadlinge Sonali Shankar	14
2.	Babar Pranali Vaman	18
3.	Budhavale Gauri Malhari	12
4.	Gaikwad Sonam Bhajandas	14
5.	Gawade Pratiksha Hanumant	18
6.	Jadhav Aishwarya Vilas	12
7.	Jadhav Ashwini Dagadu	15
8.	Joshi Bhakti Dattatray	14
9.	Kadam Aarti Yuvraj	13
10.	Kharat Kajal Suresh	13
11.	Khatake Jyoti Shahaji	18
12.	Khatake Komal Dhananjay	17
13.	Kolekar Jyoti Mahadev	13
14.	Kumbhar Manjushri Tanaji	16
15.	Kumbhar Nikita Nanaso	16
16.	Londhe Patil Komal Ravindra	13
17.	More Akanksha Rajendra	16
18.	More Akanksha Santosh	14
19.	Naiknaware Rohini Bharat	15
20.	Nalawade Priti Mubarak	14
21.	Nalawade Vidya Dattatray	13
22.	Nanavare Vaishnavi Mahadev	16
23.	Nimbalkar Dnyaneshwari Mahadev	12
24.	Nimbalkar Rasika Ravindra	13
25.	Pathan Sanam Samir	13
26.	Patil Prajakta Dadasaheb	19



27.	Pawar Saloni Manohar	16
28.	Phule Gayatri Dnyandeo	17
29.	Rananavare Rinkal Santosh	13
30.	Raut Vaishnavi Nitin	14
31.	Sarak Priti Vishnu	14
32.	Sathe Kajal Vitthal	15
33.	Shinde Dipali Vasudev	16
34.	Shirke Nilam Prakash	14
35.	Solankar Dhanashri Manik	13
36.	Talekar Komal Kalidas	15
37.	Thaware Aishwarya Hanumant	15
38.	Thaware Ankita Eknath	14
39.	Tiwari Punam Audumbar	14
40.	Upase Vaishnavi Shatrughan	13
41.	Waghmode Anuja Tanaji	14

*Patil S.S.*

Faculty Name: Mr. Patil S.S.



*[Signature]*

Principal  
Shriram Mahila Vidyan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur





!! न हि ज्ञानेन सदृशं ! पवित्रमिह विद्यते !!

Shriram Shikshan Santha's

**Shriram Mahila Vidyan Mahavidyalaya, Paniv**

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal: Malshiras, Dist: Solapur, 413113

(Affiliated to S.N.D.T. Women's University Mumbai)

## Notice

Day/Date: Friday, 19/01/2024

This is to inform all the students of M.Sc. I Environmental Science Subject seminar will be conducted. This seminar activity will enhance Confidence, Stage daring, critical thinking and knowledge of particular subject. Seminar Topics will be distributed. After that you have to submit abstract to subject teacher and get it checked. After that schedule for delivery of seminar will be displayed. You have to deliver the seminar as per schedule.



  
Principal  
Shriram Mahila Vidyan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur,

Sr. No.	Class	Sign
1.	M-SC I	<u>Adhan</u>
2.	M-SC I	<u>Shidale</u>





!! न हि ज्ञानेन सदासं ! पवित्रमिह विद्यते !!  
Shriram Shikshan Santha's  
**Shriram Mahila Vidnyan Mahavidyalaya, Paniv**  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal: Malshiras, Dist: Solapur, 413113  
(Affiliated to S.N.D.T. Women's University Mumbai)

**Seminar Schedule**  
**M.Sc. I/II**  
**Environmental Science (215213)**

Day/Date: Monday, 22/01/2024

Roll. No.	Student Name	Topic	Date
1.	Ambare Chaitrali Annasaheb	Source and Classification pollution	02/02/2024
2.	Bagade Mrunali Kalidas	Composition of air, Particals, ions and radicals in the atmosphere.	02/02/2024
3.	Bankar Tanisha Anil	Chemical formation of inorganic and organic particulates matters.	03/02/2024
4.	Bhitade Rutuja Chandrakant	Oxygen and Ozone Chemistry	03/02/2024
5.	Chavan Sarika Sanjay	Photochemical smog.	03/02/2024
6.	Dadas Komal Shivaji	Concept of DO, BOD	07/02/2024
7.	Deshmukh Supriya Shamrao	Concept of COD	07/02/2024
8.	Dhaygude Kavita Raghu	Sedimentation, Coagulation	08/02/2024
9.	Ekatpure Vaibhavi Dhanaji	Flocculation, filtration	08/02/2024
10.	Gaikwad Sakshi Mahendra	pH and Redox potential (Eh)	09/02/2024
11.	Gore Gauri Vilas	Inorganic and Organic Component of soils.	09/02/2024
12.	Gore Priyanka Maruti	Biogeochemical cycles nitrogen, carbon	14/02/2024
13.	Jadhav Nikita Anil	Biogeochemical cycles phosphorus and sulfur	14/02/2024
14.	Jagtap Dipali Ramesh	Types of pollution : Air , water	14/02/2024
15.	Kachare Akanksha Narayan	Noise , Soil Pollution	15/02/2024
16.	Kale Charushila Vikas	Thermal marine radioactive Pollution	15/02/2024
17.	Kalsule Prachi Shivaji	Principle and working of electrostatic precipitation	15/02/2024
18.	Kambale Nandini Ramchandra	Wet& dry scrubber	16/02/2024
19.	Kapane Kishori Sunil	Filters , gravity and cyclonic separation	16/02/2024
20.	Karade Aishwarya Sanjaykumar	Adsorption, absorption	16/02/2024
21.	Kare Prajakta Baliram	Condensation of gaseous effluent	17/02/2024
22.	Kaulage Rutuja Vitthal	Water and waste water treatment Primary	17/02/2024
23.	Kisave Sakshi Tanaji	Water and waste water treatment secondary	17/02/2024





24.	Koli Jyoti Vetel	Water and waste water advanced treatment	17/02/2024
25.	Kopnar Madhuri Bramhadev	Active and passive methods	20/02/2024
26.	Kshirsagar Asha Dattatray	Vibrations and their measurements for noise control	20/02/2024
27.	Kudale Pooja Ananda	Modifications in pesticides and synthetic fertilizers for improving soil	21/02/2024
28.	Lawate Maheshwari Balaso	Analysis of gases CO,CO2	21/02/2024
29.	Limbone Sandhya Rajkumar	Analysis of gases NO2, SO2 , H2S	22/02/2024
30.	Linge Vaishnavi Haribahu	Analysis of toxic heavy metals Cd, Cr	22/02/2024
31.	Madane Savita Sanjay	Analysis of toxic heavy metals As, Pb	23/02/2024
32.	Mane Madhuri Bharat	Analysis of toxic heavy metals Cu, Hg	23/02/2024
33.	Mane Sonali Dhanaji	Hazardous waste management: Treatment Methods neutralization	23/02/2024
34.	Mane Vaishnavi Tanaji	Oxidation reduction , precipitation	28/02/2024
35.	Markad Vanita Tukaram	Solidification , stabilization	28/02/2024
36.	Mohite Tejaswee Satish	Incineration and final disposal	28/02/2024
37.	Nikam Shital Balaso	e-waste : Classification	29/03/2024
38.	Patil Karuna Kalyan	e-waste : Methods of handling and disposal	29/03/2024
39.	Patil Manisha Mahadeo	Fly ash : sources	11/03/2024
40.	Patil Saloni Nilkanth	Fly ash : composition and utilization	11/03/2024
41.	Raut Rasika Hanmant	Plastic waste : sources	11/03/2024
42.	Salunkhe Komal Navanath	Plastic waste : consequence and management	11/03/2024
43.	Sargar Pooja Anna	Environmental (Protection ) Act , 1986 and Rules	12/03/2024
44.	Sargar Sonali Ramchandra	The Plastic Waste management Rules 2016	12/03/2024
45.	Sawant Pooja Hanmant	The Manufacture , Storage and import of Hazardous Chemical ( Amendment ) Rules 2000	12/03/2024
46.	Shinde Aditi Bahirji	Costal Regulation Zones (CRZ) 1991 amended from time to time	13/03/2024
47.	Shinde Ashwini Baban	Environmental Disasters	13/03/2024
48.	Shinde Nikita Dattatraya	Minamata Disasters	13/03/2024
49.	Solankar Kajal Manik	Love Canal Disaster	14/03/2024
50.	Survase Anuksha Daulat	The Plastic Waste management Rules 2016	14/03/2024
51.	Suryawanshi Pratiksha Shankar	e-waste : Methods of handling and disposal	14/03/2024
52.	Thombare Shivani Bhanudas	Environmental (Protection ) Act , 1986 and Rules	15/03/2024
53.	Vhargar Vrushali Dattatray	The Manufacture , Storage and import of Hazardous Chemical ( Amendment ) Rules 2000	15/03/2024
54.	Waghmode Prajakta Buvaneswari	Costal Regulation Zones (CRZ) 1991 amended from time to time	15/03/2024



55.	Waghmode Sandhya Navanath	Environmental (Protection ) Act , 1986 and Rules	16/03/2024
56.	Waghmode Manisha Babasao	The Plastic Waste management Rules 2016	16/03/2024

*Patil*

Faculty Name: Mr. Patil S.S.



*[Signature]*

Principal  
Shriram Mahila Vidyan Mahavidyalaya  
Pantv. Tal. Maishiras, Dist. Solapur



॥ न हि ज्ञानेन सदृशं पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 02/02/2024

Name of Student: Bagade Meenali Kavidas

Class: M.S.C.T

Roll No.: 02

Title of Seminar: composition of air, particles, ions  
and radicals in the atmosphere.

Abstract: define, composition, concept.

Reference Book: A.K. DE Environmental Chemistry

M.B. Bagade  
Student Signature

Teachers Remark: Best

Pilab  
Teacher Signature







!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Bogade Manoli Kalidas

Class:- M.Sc. I

Title of Seminar: - composition of air, particles, ions and radicals in the atmosphere.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	04
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>18</b>



Pit's  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 03/02/2024

Name of Student: Bhitade Rutuja Chandrakant

Class:- M.S.C.I

Roll No.: 04

Title of Seminar: - oxygen and ozone chemistry

Abstract: define, concept of oxygen and ozone chemistry.

Reference Book: A.K.De, Environmental chemistry.

Bhitade  
Student Signature

Teachers Remark:- Good

D.K.S.  
Teacher Signature





॥ न हि ज्ञानेन जडसं । पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Shitade Rutuja Chandrakant

Class:- M.S.C I

Title of Seminar: - oxygen and ozone chemistry

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	04
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>18</b>



  
Teacher Signature



॥ न हि ज्ञानेन राक्षसं पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 08/01/2021

Name of Student: Dhaygude kavita Raghv

Class:- Msc. I

Roll No.: 08

Title of Seminar: - Sedimentation, Coagulation

Abstract: Define, concept, Advantages and  
Disadvantages of Sedimentation & Coagulation.  
Applications & Uses.

Reference Book: P.K. Goyal, Water pollution: causes  
effect and control.

Teachers Remark:- Good

  
Student Signature

  
Teacher Signature







!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Dhaygude kavita Raghu

Class:- Msc I

Title of Seminar: - sedimentation & coagulation

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	02
5.	Fluency in English	4	03
	Total	20	14



Ritika  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 02/02/2024

Name of Student: Ekarpure vaibhavi Dhanaji

Class:- M.Sc I

Roll No.: 09

Title of Seminar: - Flocculation & Filtration.

Abstract: Define, Explain the term Flocculation & Filtration. Applications & Uses.

Reference Book: A.K. DE. Environmental chemistry

  
Student Signature

Teachers Remark:- Best

  
Teacher Signature





!! न हि ज्ञानेन सदां ! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Ekarpure Vaibhavi Dhanaji

Class: M. Sc. I

Title of Seminar: Flocculation & filtration

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	02
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	03
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>13</b>



Pit  
Teacher Signature





!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidnyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 09/09/2024

Name of Student: Gore Gauri Vilas

Class: M.Sc - I

Roll No.: 11

Title of Seminar: Inorganic and organic  
Component of soils.

Abstract: define, concept, applications,  
uses.

Reference Book: Environmental chemistry,  
P.K. Goyal, S.M. Khopkar, Environmental  
pollution Analysis.

G. Gore  
Student Signature

Teachers Remark: Good

P. S.  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidnyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Gore Gauri Vilas

Class:- M.Sc-I

Title of Seminar: - Inorganic and organic component of soils.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	04
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>18</b>

  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 14/01/2024

Name of Student: Jadhav Nikita Anil

Class: M.Sc I

Roll No.: 13

Title of Seminar: Biogeochemical cycles phosphorus and sulfur.

Abstract: concept, Explain term, discussion.  
Biogeochemical cycles = phosphorus and sulfur  
Explain.

Reference Book: Environmental chemistry.

Aadhav  
Student Signature

Teachers Remark: Good

Pil's  
Teacher Signature







॥ म हि साधनं सर्वं ॥ पश्चिमि विदुषं ॥

Shriram Shikshan Samithi's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Tadhav Nikita Anil

Class: M.Sc. I

Title of Seminar: Biogeochemical cycles phosphorus and sulfur

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	02
5.	Fluency in English	4	02
	<b>Total</b>	<b>20</b>	<b>13</b>



Pit  
Teacher Signature



॥ श्री गणेशाय नमः ॥ परिवर्तित विद्या ॥

Shriram Shiksha Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 11/04/2021

Name of Student: Ramble Nandini Ramchandra

Class:- MCC-I

Roll No.: 18

Title of Seminar: - Wet & dry scrubber

Abstract: define, concept, uses of wet & dry scrubber, applications.

Reference Book: Environmental pollution control in process industries

Ramble  
Student Signature

Teachers Remark:- Best

P. S.  
Teacher Signature





!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Kambale Nandini Ramchandra

Class:- M.Sc. I

Title of Seminar: - Wet & dry scrubber

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	01
3.	Subject Knowledge	5	04
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>14</b>



Pitly  
Teacher Signature





!! न हि ज्ञानेन सदासं ! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 21/01/2024

Name of Student: Kudale poaia Ananda

Class:- M.Sc. I

Roll No.: 27

Title of Seminar: - modifications in pesticides and synthetic fertilizers for improving soil.

Abstract: define, concept, details about topic.

Reference Book: Environmental chemistry,  
A.K. DE Environmental chemistry.

P.A. Kudale  
Student Signature

Teachers Remark:- Good

P.A.S  
Teacher Signature





!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Kudale pooja Ananda

Class:- M.Sc. I

Title of Seminar: - Modifications in pesticides and synthetic fertilizers for improving soil.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	05
4.	Body language	4	04
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>19</b>



Pu/s  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 27/01/2024

Name of Student: Limbone Sandhya Rajkumar

Class: M.Sc. I/II

Roll No.: 29

Title of Seminar: Analysis of gases  $\text{NO}_2$ ,  $\text{SO}_2$ ,  $\text{H}_2\text{S}$ .

Abstract: Concept, Analysis of gases  $\text{NO}_2$ ,  $\text{SO}_2$ ,  $\text{H}_2\text{S}$ ; Applications.

Reference Book: Environmental Chemistry,  
B.K. Sharma H. Kaur.

Limbone  
Student Signature

Teachers Remark: Best

Pit's  
Teacher Signature







!! न हि ज्ञानेन सद्गणं! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Limbone Sandhya Rajkumar

Class:- M.Sc-I/II

Title of Seminar: - Analysis of gases NO<sub>2</sub>, SO<sub>2</sub>, H<sub>2</sub>S.

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	01
3.	Subject Knowledge	5	03
4.	Body language	4	03
5.	Fluency in English	4	03
	<b>Total</b>	<b>20</b>	<b>13</b>



P. K. S.  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal.: Malshiras, Dist.: Solapur, 413113  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 16/03/2024

Name of Student: Waghmode Sandhya Navanath

Class: M.Sc.I

Roll No.: 55

Title of Seminar: Environmental (protection) Act, 1986  
and Rules

Abstract: About Act, why this act is  
established, drawbacks of this act,  
details of Environmental (protection) Act  
1986 and rules, benefits.

Reference Book: A.K. De Environmental chemistry,  
Environmental chemistry.

Sandhya  
Student Signature

Teachers Remark: Best

P. S.  
Teacher Signature





॥ न हि ज्ञानेन सदृशं पवित्रमिह विद्यते ॥

Shriram Shikshan Sanstha's

Shriram Mahila Vidyan Mahavidyalaya, Paniv

NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Waghmode Sandhya Navanath

Class:- M.Sc. T

Title of Seminar: - Environmental (Protection) Act, 1986 and Rules.

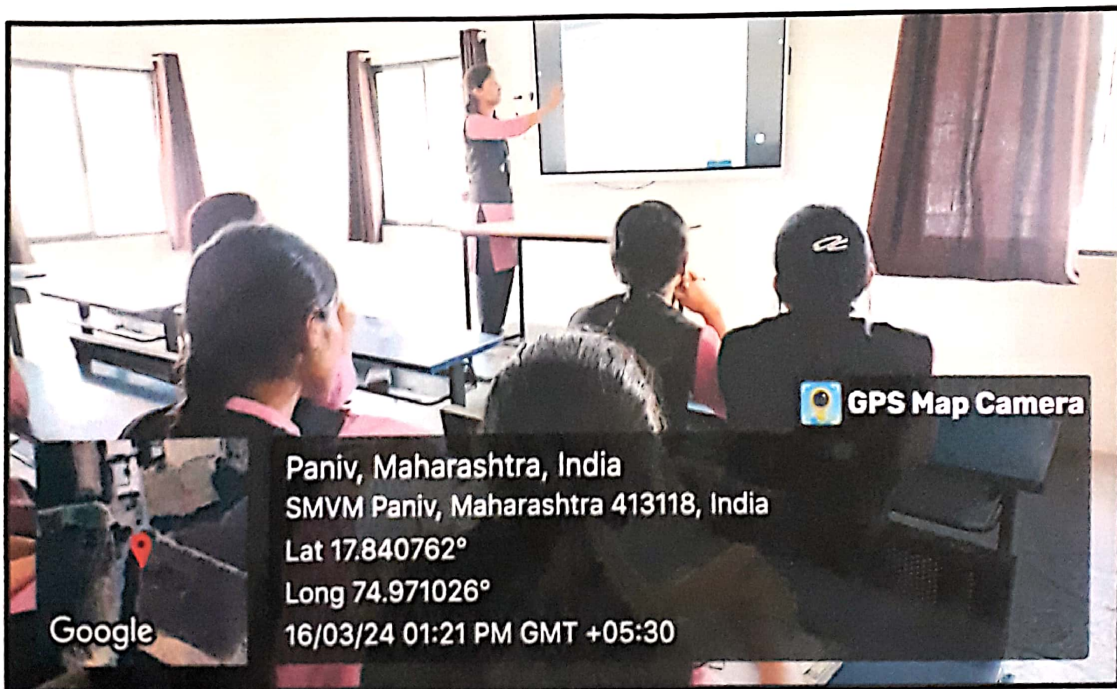
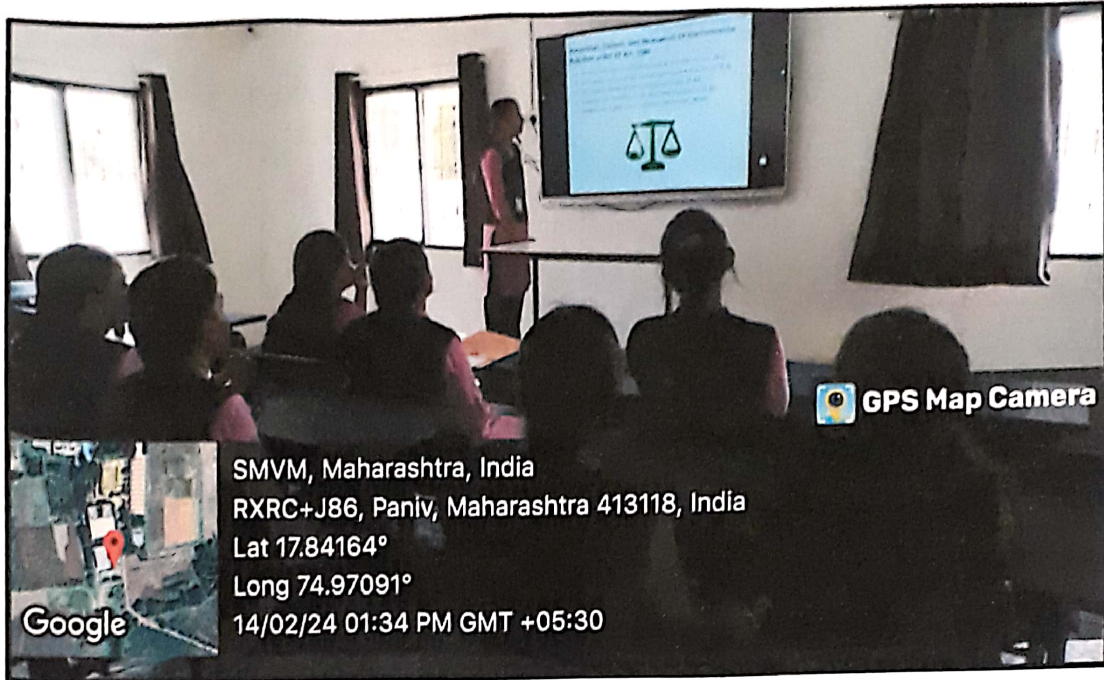
Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	03
2.	Self-Introduction	2	02
3.	Subject Knowledge	5	03
4.	Body language	4	04
5.	Fluency in English	4	04
	Total	20	16



Pits  
Teacher Signature



# Seminar Photo Msc.I



*[Signature]*  
Principal  
Shri Ram Mahila Vidyan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur



॥ न हि ज्ञानेन सहस्रं । पवित्रमिह विद्यते ॥  
Shriram Shikshan Santha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
NAAC 1<sup>st</sup> cycle Accredited at 'B' Grade (CGPA 2.46)  
Tal: Malshiras, Dist: Solapur, 413113  
(Affiliated to S.N.D.T. Women's University Mumbai)

**Seminar Mark List**  
**M.Sc. I/II**  
**Environmental Science (215213)**

Roll. No.	Student Name	Marks
1.	Ambare Chaitrali Annasaheb	13
2.	Bagade Mrunali Kalidas	18
3.	Bankar Tanisha Anil	12
4.	Bhitade Rutuja Chandrakant	18
5.	Chavan Sarika Sanjay	14
6.	Dadas Komal Shivaji	15
7.	Deshmukh Supriya Shamrao	17
8.	Dhaygude Kavita Raghu	14
9.	Ekatpure Vaibhavi Dhanaji	13
10.	Gaikwad Sakshi Mahendra	13
11.	Gore Gauri Vilas	18
12.	Gore Priyanka Maruti	12
13.	Jadhav Nikita Anil	13
14.	Jagtap Dipali Ramesh	16
15.	Kachare Akanksha Narayan	16
16.	Kale Charushila Vikas	17
17.	Kalsule Prachi Shivaji	16
18.	Kambale Nandini Ramchandra	14
19.	Kapane Kishori Sunil	15
20.	Karade Aishwarya Sanjaykumar	13
21.	Kare Prajakta Baliram	14
22.	Kaulage Rutuja Vitthal	16
23.	Kisave Sakshi Tanaji	AB
24.	Koli Jyoti Vetel	AB
25.	Kopnar Madhuri Bramhadev	13
26.	Kshirsagar Asha Dattatray	14





27.	Kudale Pooja Ananda	19
28.	Lawate Maheshwari Balaso	12
29.	Limbone Sandhya Rajkumar	13
30.	Linge Vaishnavi Haribahu	14
31.	Madane Savita Sanjay	14
32.	Mane Madhuri Bharat	15
33.	Mane Sonali Dhanaji	10
34.	Mane Vaishnavi Taraji	14
35.	Markad Vanita Tukaram	13
36.	Mohite Tejaswee Satish	15
37.	Nikam Shital Balaso	15
38.	Patil Karuna Kalyan	14
39.	Patil Manisha Mahadeo	AB
40.	Patil Saloni Nilkanth	13
41.	Raut Rasika Hanmant	AB
42.	Salunkhe Komal Navanath	17
43.	Sargar Pooja Anna	AB
44.	Sargar Sonali Ramchandra	12
45.	Sawant Pooja Hanmant	15
46.	Shinde Aditi Bahirji	AB
47.	Shinde Ashwini Baban	18
48.	Shinde Nikita Dattatraya	17
49.	Solankar Kajal Manik	16
50.	Survase Anuksha Daulat	13
51.	Suryawanshi Pratiksha Shankar	12
52.	Thombare Shivani Bhanudas	13
53.	Vhargar Vrushali Dattatray	AB
54.	Waghmode Prajakta Buvasaheb	15
55.	Waghmode Sandhya Navanath	16
56.	Waghmode Manisha Babasao	15

*Patil*  
Faculty Name: Mr. Patil S.S.



*[Signature]*  
Principal  
Shri Ram Mahila Vidyan Mahavidyalaya  
Pantv. Tal. Malshiras Dist. Solapur





!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

## Shriram Mahila Vidnyan Mahavidyalaya, Paniv

Tal. Malshiras, Dist.: Solapur, 413113

NAAC 1<sup>st</sup> Cycle Accredited at 'B' Grade (CGPA 2.46)

(Affiliated to S. N. D. T. Women's University, Mumbai)

### B.Sc. - I Botany Seminar Schedule

Sr.No.	Student Name	Topic	Date
1	Bamne Vaishnavi Rajkumar	Gene Concept	14/03/2024
2	Bankar Pooja Mahadev	Low of Dominance	14/03/2024
3	Bhande Pranali Arun	Law of segregation	14/03/2024
4	Bhopale Janhavi Ajit	Low of independent Assortment	14/03/2024
5	Bodare Anisha Navanath	Interaction of gene	14/03/2024
6	Bodare Payal Martand	Dominant Epistasis	14/03/2024
7	Borate Yashshri Anil	Double Recessive epistasis	14/03/2024
8	Bute Disha Dilip	Double Dominant epistasis	14/03/2024
9	Chavan Pooja Ashok	Co-Dominance	14/03/2024
10	Chopade Rajnandini Shahaji	Incomplete Dominance	14/03/2024
11	Dadas Supriya Nana	Lethal gene	14/03/2024
12	Danane Ankita Chhagan	Recessive lethal gene	14/03/2024
13	Danane Shital Popat	Dominant lethal gene	14/03/2024
14	Deshmukh Sayali Adikrao	Intermediate lethal gene	14/03/2024
15	Devkar Arti Ankush	Concept of Evolution	14/03/2024
16	Doshi Shhweta Mahavir	Theory of Evolution	15/03/2024
17	Ekatpure Swapnali Nanaso	Types of Evolution	15/03/2024
18	Gadawe Payal Annaso	Concept of species	15/03/2024
19	Gaikwad Bhavana Uddhav	Ecological Niches	15/03/2024
20	Ghadage Sanika Ankush	Carbohydrate	15/03/2024
21	Ghorpade Tejaswini Satish	Classification of carbohydrate	15/03/2024
22	Ghule Payal Shamrao	Proteins	15/03/2024
23	Gorad Ashwini Navanath	Classification of protein	15/03/2024
24	Hambirrao Vaishnavi Kailas	Structure of protein	15/03/2024

Sr.No.	Student Name	Topic	Date
25	Jadhav Gayatri Ganpat	Lipids	15/03/2024
26	Jadhav Pratidyna Sunil	Classification of lipid	15/03/2024
27	Jadkar Anushka Pravin	Gene Concept	15/03/2024
28	Jagadale Komal Haridas	Law of Dominance	15/03/2024
29	Jagtap Khushi Rajendra	Law of segregation	15/03/2024
30	Jagtap Sakshi Sanjay	Law of independent Assortment	15/03/2024
31	Jangle Vaishnavi Dattu	Interaction of gene	18/03/2024
32	Jankar Vaishnavi Gorakh	Dominant Epistasis	18/03/2024
33	Kachare Bharti Balu	Double Recessive epistasis	18/03/2024
34	Kadam Maheshwari Mahadev	Double Dominant epistasis	18/03/2024
35	Kalasule Gauri Shivaji	Co-Dominance	18/03/2024
36	Kavare Anuradha Bandu	Incomplete Dominance	18/03/2024
37	Khare Aishwarya Dattatray	Lethal gene	18/03/2024
38	Kolape Vaishali Sudam	Recessive lethal gene	18/03/2024
39	Kolekar Vidya Appa	Dominant lethal gene	18/03/2024
40	Kopnar Premali Navnath	Intermediate lethal gene	18/03/2024
41	Kshirsagar Sakshi Satish	Concept of Evolution	18/03/2024
42	Kshirsagar Vaishnavi Nagnath	Theory of Evolution	18/03/2024
43	Kumbhar Rutuja Abhay	Types of Evolution	18/03/2024
44	Linge Rupali Sanjay	Concept of species	18/03/2024
45	Linge Tejaswini Bandu	Ecological Niches	18/03/2024
46	Magar Mayuri Jayawant	Carbohydrate	19/03/2024
47	Magar Mohini Shankar	Classification of carbohydrate	19/03/2024
48	Magar Shivani Ramesh	Proteins	19/03/2024
49	Mali Dhanashree Gajanan	Classification of protein	19/03/2024
50	Mali Neelamkumari Ghansham	Structure of protein	19/03/2024
51	Mali Sonam Nandram	Lipids	19/03/2024
52	Mane Payal Rajendra	Classification of lipid	19/03/2024
53	Mane Priti Eknath	Gene Concept	19/03/2024
54	Mane Sonali Dnyaneshwar	Law of Dominance	19/03/2024
55	Margar Varsha Jaysing	Law of segregation	19/03/2024
56	Markad Dhanshri Raosaheb	Law of independent Assortment	19/03/2024
57	Markad Dipali Raghunath	Interaction of gene	19/03/2024
58	Maske Arati Tanaji	Dominant Epistasis	19/03/2024

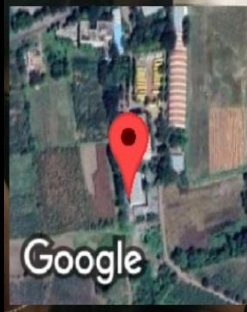
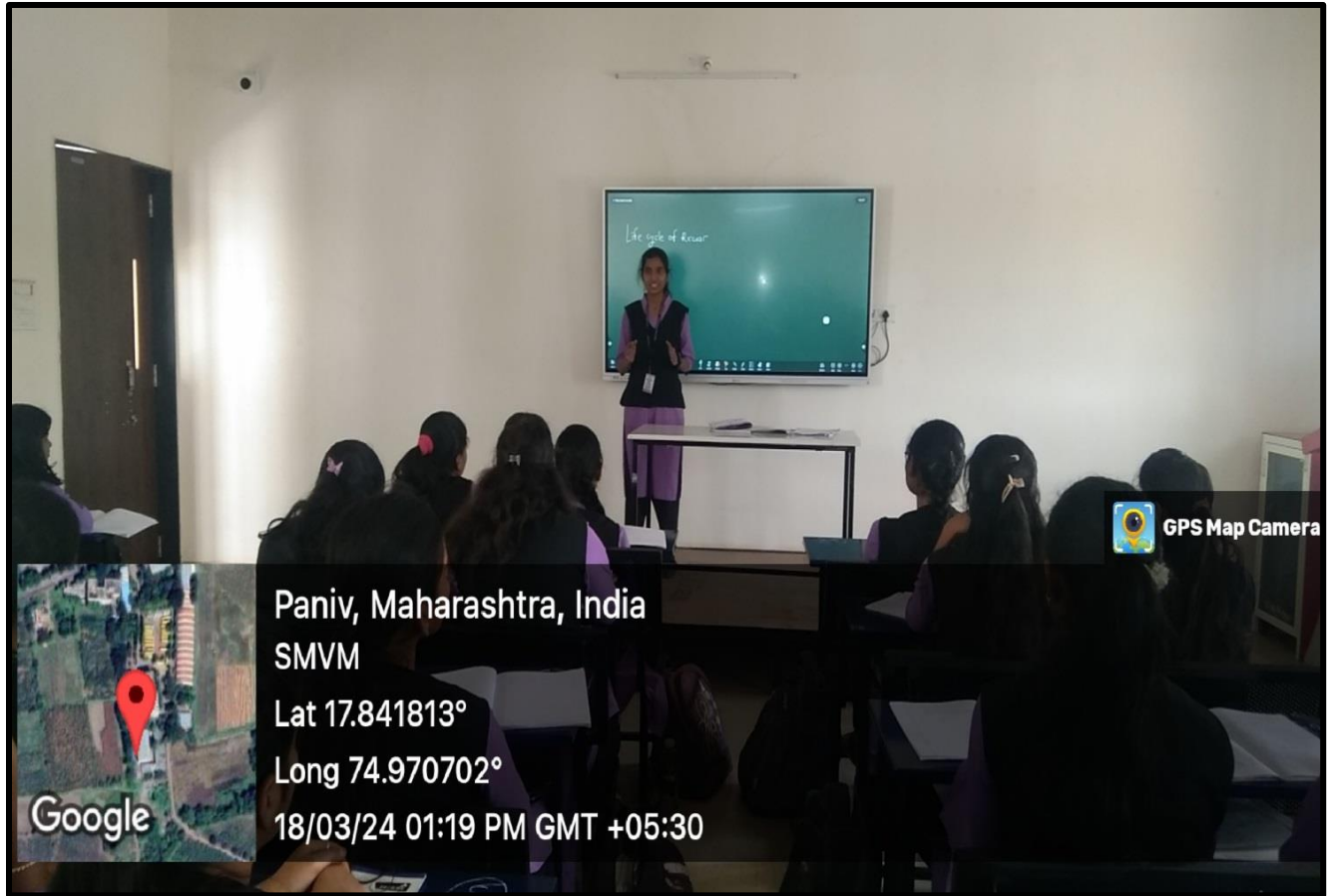
Sr.No.	Student Name	Topic	Date
59	Maske Kajal Nandkumar	Double Recessive epistasis	19/03/2024
60	Mate Dhanashri Ajay	Double Dominant epistasis	19/03/2024
61	Meher Nikita Bibhishan	Co-Dominance	20/03/2024
62	Metkari Priti Subhash	Incomplete Dominance	20/03/2024
63	Mhasawade Siddhi Sukhadev	Lethal gene	20/03/2024
64	Mote Pratiksha Tanaji	Recessive lethal gene	20/03/2024
65	Mulani Muskan Shahid	Dominant lethal gene	20/03/2024
66	Mulani Saniya Shakil	Intermediate lethal gene	20/03/2024
67	Namdas Muktabai Tulshiram	Concept of Evolution	20/03/2024
68	Padalkar Gaurika Raju	Theory of Evolution	20/03/2024
69	Padalkar Tejashri Ramchandra	Types of Evolution	20/03/2024
70	Pandhare Sneha Rajshekhar	Concept of species	20/03/2024
71	Patil Rutuja Bhimrav	Ecological Niches	20/03/2024
72	Pawar Kirti Vijay	Carbohydrate	20/03/2024
73	Pawar Vaishnavi Kakaso	Classification of carbohydrate	20/03/2024
74	Pedkar Kajal Sukhadeo	Proteins	20/03/2024
75	Pise Pradnya Sunil	Classification of protein	20/03/2024
76	Pise Sakshi Dilip	Structure of protein	21/03/2024
77	Rajput Shital Rajendra	Lipids	21/03/2024
78	Raut Anuja Santosh	Classification of lipid	21/03/2024
79	Saratape Pradnya Govind	Gene Concept	21/03/2024
80	Sathe Shubhangi Rajendra	Law of Dominance	21/03/2024
81	Satpute Punam Dattatray	Law of segregation	21/03/2024
82	Shembade Shital Shivaji	Law of independent Assortment	21/03/2024
83	Shendage Gauri Dipak	Interaction of gene	21/03/2024
84	Shende Dhanshri Vilas	Dominant Epistasis	21/03/2024
85	Shende Tanuja Rajaram	Double Recessive epistasis	21/03/2024
86	Shikalakar Suhana Sikandar	Double Dominant epistasis	21/03/2024
87	Shikare Bharati Balaso	Co-Dominance	21/03/2024
88	Shikare Trupti Vijay	Incomplete Dominance	21/03/2024
89	Shinde Vaishnavi Dasharath	Lethal gene	21/03/2024
90	Shingade Payal Keshav	Recessive lethal gene	21/03/2024
91	Sid Kajal Balaso	Dominant lethal gene	22/03/2024
92	Sorate Sayali Dilip	Intermediate lethal gene	22/03/2024



Sr.No.	Student Name	Topic	Date
93	Sul Kajal Bhanudas	Intermediate lethal gene	22/03/2024
94	Suryawanshi Arati Bramhadev	Concept of Evolution	22/03/2024
95	Suryawanshi Dnyaneshwari Deepak	Theory of Evolution	22/03/2024
96	Tarange Manisha Malhari	Types of Evolution	22/03/2024
97	Tarange Vandana Ajinath	Concept of species	22/03/2024
98	Tate Deshmukh Vaishnavi Nitin	Ecological Niches	22/03/2024
99	Thombare Sakshi Mahadev	Carbohydrate	22/03/2024
100	Tingare Dnyaneshwari Amol	Classification of carbohydrate	22/03/2024
101	Valekar Aarti Vishnu	Proteins	22/03/2024
102	Vyavahare Pooja Ravindra	Classification of protein	22/03/2024
103	Waghmare Pratiksha Harshal	Structure of protein	22/03/2024
104	Waghmode Aishwarya Dhanaji	Lipids	22/03/2024
105	Waghmode Gauri Balu	Classification of lipid	22/03/2024
106	Waghmode Nikita Pandurang	Gene Concept	22/03/2024
107	Waghmode Prabhavati Nana	Law of Dominance	22/03/2024
108	Waghmode Prajakta Manik	Law of segregation	22/03/2024
109	Waghmode Shivani Duryodhan	Law of independent Assortment	22/03/2024
110	Waghmode Shubhangi Sarjerao	Interaction of gene	22/03/2024
111	Zanje Gauri Tanaji	Dominant Epistasis	22/03/2024



**Signature of Subject Teacher**



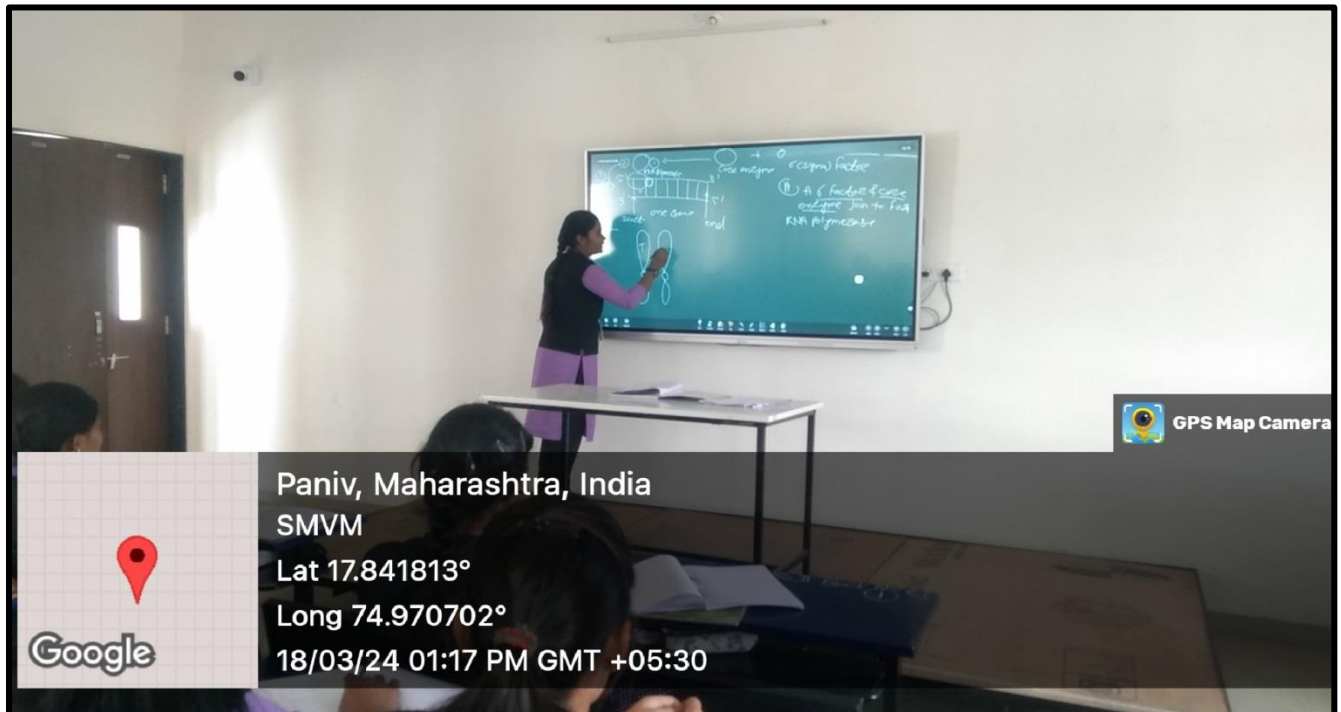
Paniv, Maharashtra, India  
SMVM

Lat 17.841813°

Long 74.970702°

18/03/24 01:19 PM GMT +05:30

Google



Paniv, Maharashtra, India  
SMVM

Lat 17.841813°

Long 74.970702°

18/03/24 01:17 PM GMT +05:30

Google



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's  
Shriram Mahila Vidnyan Mahavidyalaya, Paniv  
Tal.: Malshiras, Dist.: Solapur, 413113  
NAAC Accredited 'B' Grade with C.G.P.A. 2.46 (1<sup>st</sup> Cycle)  
(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 14/03/2024

Name of Student: Bamne Vaishnavi Rajkumar

Class:- B.Sc.I

Roll No.: 01

Title of Seminar :- Gene Concept

Abstract: Introduction, concept

Reference Book: Human Genes & Genomes

  
Student Signature

Teachers Remark :- Best

  
Teacher Signature





!! न हि ज्ञानेन सहसं ! पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidnyan Mahavidyalaya, Paniv

Tal.: Malshiras, Dist.: Solapur, 413113

NAAC Accredited 'B' Grade with C.G.P.A. 2.46 (1<sup>st</sup> Cycle)

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Bamne Vaishnavi Rajkumar

Class:- B.Sc.I

Title of Seminar :- Gene concept

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	04
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>18</b>

  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidnyan Mahavidyalaya, Paniv

Tal.: Malshiras, Dist.: Solapur, 413113

NAAC Accredited 'B' Grade with C.G.P.A. 2.46 (1<sup>st</sup> Cycle)

(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 14/03/21

Name of Student: Bankar Pooja Mahadev

Class:- B.Sc-I

Roll No.: 02

Title of Seminar :- Law of Dominance

Abstract: Introduction, Examples

Reference Book: Human Genetics

Teachers Remark :- Good

Pooja  
Student Signature

[Signature]  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidnyan Mahavidyalaya, Paniv

Tal.: Malshiras, Dist.: Solapur, 413113

NAAC Accredited 'B' Grade with C.G.P.A. 2.46 (1<sup>st</sup> Cycle)

(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Bankar poeja mahadev

Class:- B.Sc-I

Title of Seminar :- LOW of Dominance

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	04
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>18</b>

  
Teacher Signature



!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!

Shriram Shikshan Sanstha's

Shriram Mahila Vidnyan Mahavidyalaya, Paniv

Tal.: Malshiras, Dist.: Solapur, 413113

NAAC Accredited 'B' Grade with C.G.P.A. 2.46 (1<sup>st</sup> Cycle)

(Affiliated to S. N. D. T. Women's University, Mumbai)

Student Seminar Abstract

Date: 15/03/24

Name of Student: Dashi shweta Mahavir

Class:- B.Sc-I

Roll No.: 16

Title of Seminar :- Theory of evolution

Abstract: Introduction, evolution concept

Reference Book: Human Genes,

D.S.M  
Student Signature

Teachers Remark :- Good

af.  
Teacher Signature





॥ श्री माता सरस्वती विद्यालय ॥  
Shriram Shikshan Sanstha's  
Shriram Mahila Vidyan Mahavidyalaya, Paniv  
Tal: Mahiras, Dist: Solapur, 413113  
NAAC Accredited 'B' Grade with C.G.P.A. 2.46 (1<sup>st</sup> Cycle)  
(Affiliated to S. N. D. T. Women's University, Mumbai)

### Evaluation of Seminar

Name of Student: Dushi shweta Mahavir

Class:- B.Sc-I

Title of Seminar :- Theory of evolution

Sr.No.	Indicates	Maximum Marks(20)	Marks Obtained
1.	Abstract	5	04
2.	Self Introduction	2	02
3.	Subject Knowledge	5	04
4.	Body language	4	04
5.	Fluency in English	4	04
	<b>Total</b>	<b>20</b>	<b>18</b>

  
Teacher Signature

## **Best Practice II**

### **1. Title of the Practice: Meditation for stress-less life**

### **2. Objectives of the Practice**

- To impart importance of meditation.
- To train the students for performance of meditation.
- To develop skill stress management through meditation.
- To develop skill to achieve mental peace through meditation.

### **3. The Context**

It is the prime function of every educational institution to contribute to the welfare and the betterment of students. Meditation is an age-long religious practice reported in Judaism, Christianity and Islam, in the context of remembrance of and prayer and devotion to God.

Meditation is practiced in numerous religious traditions, though it is also practised independently from any religious or spiritual influences for its health benefits.

In the age of competition, students have to face various stresses. Because of these stress students face sleeplessness and anxiety. They cannot concentrate on study or task entrusted. They have become pray of electronic gadgets and social media. Therefore they fail to face the problems in the walk of life successfully. They get depressed.

Meditation is the technique which helps in reduction of stress and enhancing general well-being. . It is helpful in the treatment of anxiety, addiction, aggression, and depression

### **4. The Practice**

Our management is very positive and supportive for wellbeing of the students – not only for academic development but for physical and mental health also. Therefore, in addition to yoga and self-defence , from this year practice of meditation for stress-less life has been started by the institution.

Our college begins at 9.30am. Before that, at all students gather in the corridor at 9.20am. Immediately following acts are performed.

- 1.Common Singing of National anthem
2. Common singing of University Pool Git
3. Reading of Din Vishesh

After these, all students and staff perform Meditation. For proper meditation students and staff are instructed for

- i. Sitting position
- ii.Mudra position(any one out of three: dnyan mudra, varun mudra and dhyamudra )
- iii.Positive affirmation
- iv.Inhalation and exhalation during meditation
- v. Relaxation

This is performed for 15minutes every day.

Institution celebrated the Mental Health Week during 10<sup>th</sup> Oct. 2023 to 14<sup>th</sup> Oct. 2023.

This year 280 beneficiaries benefitted.

### **5. Evidence of Success**

Most of the students and staff expressed satisfaction saying that their concentration on study has been increased and they are feeling stress-free.

### **6. Problems Encountered and Resources Required**

Some students cannot concentrate on meditation because of their physical problems.

Meditation can be helpful for treatment of anxiety, addiction , aggression and depression. For performing the meditation calm and peaceful environment is necessary. It requires expert to give instructions. Once fully practiced, everyone can do meditation at home.

#### **Contact**

**Principal,  
SMVM, Paniv**

Permission Letter

Date: 10/10/2023

To,  
Principal,  
Shriram Mahila Vidyan Mahavidyalaya,  
Paniv

Subject:- Permission to arrange the "Meditation Program"

Applicant:- Mrs. Raut S.A.

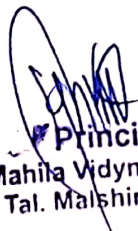
Respected Sir,

With reference of above cited subject the cultural committee wants permission to arrange the "Meditation Program" On 14<sup>th</sup> October 2023 on the Occasion of Mental Health Week.

So please give permission for same.

Thanking You.



  
Principal  
Shriram Mahila Vidyan Mahavidyalaya  
Paniv. Tal. Malshiras, Dist. Solapur

!! न हि ज्ञानेन सदृशं पवित्रमिह विद्यते !!



**Shriram Shikshan Sanstha's**  
**Shriram Mahila Vidyan Mahavidyalaya, Paniv**

NAAC 1<sup>st</sup> Cycle Accredited at 'B' Grade (CGPA 2.46)

Tal.: Malshiras, Dist.: Solapur, 413113


(Affiliated to S. N. D. T. Women's University, Mumbai)

**Notice**

**Date-13/10/2023**

All the students are hereby informed that from Saturday, 14<sup>th</sup> October 2023, our college initiating the "Meditation Program" for reducing stress, improve focus and enhance mental clarity. the meditation program mandatory for all students



  
Principal  
Shriram Mahila Vidyan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur





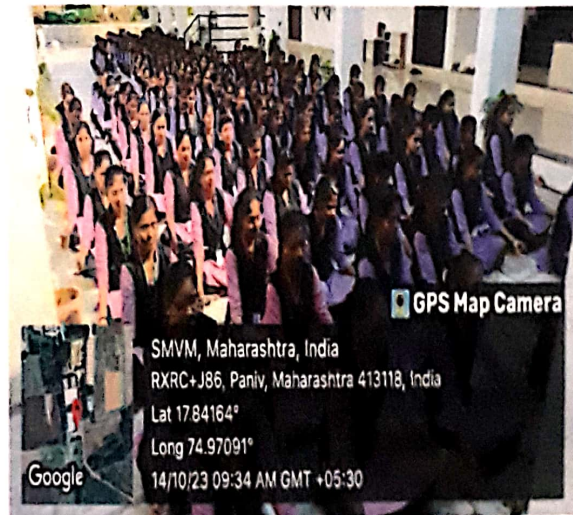
॥ नहि ज्ञानेन सदां पवित्रमिह विद्यते ॥  
Shriram Shikshan Saustha's  
Shriram Mahila Vidnyan Mahavidyalaya, Paniv  
Tal.Malshiras,Dist.Solapur,413113  
(Affiliated to S.N.D.T.Women's University, Mumbai)

### IQAC

#### Activity Report (A.Y.2023-24)

- Title of the activity: Meditation Program
- Day & Date: Saturday, 14<sup>th</sup> October 2023
- Time: 9.30 AM to 9.45 AM
- Venue: Corridor.
- Organized by: Cultural Committee
- Coordinator: Mrs Raut S.A.
- No. of faculty and Students benefited: 280
- Introduction of the program: On the 14<sup>th</sup> October 2023, our institute organized 'Meditation program' on the occasion of 'Mental Health Week (10<sup>th</sup> October 2023 to 14<sup>th</sup> October 2023)' Coordinator Mrs. Raut gave instructions regarding meditation and its benefits to participants present.
- Purpose of the organization of program: To increase the concentration of students in study. Building skills to manage stress and increasing self-awareness, to achieve the mental peace and reducing negative emotions. The practice is about stable mental health.
- Outcomes of the program: A positive impact of meditation in reducing stress and enhancing general wellbeing. Meditation can be helpful for the treatment of anxiety, addiction, aggression, suicidality and depression. This activity is regularly conducted at the time of prayer.

#### Meditation



*S.A. Raut*  
Coordinator IQAC  
Shriram Mahila Vidyan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur  
Maharashtra-413113



*[Signature]*  
Principal  
Shriram Mahila Vidyan Mahavidyalaya  
Paniv, Tal. Malshiras, Dist. Solapur

Meditation for stress less life

